



HIGHWAY NEWS



Reaching the “Truckies Down Under” - Page 8

TFC Global

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A Word from Our President

Getting Serious About God

After a recent speaking engagement I was asked the following question and, based on what I see in the world today, I felt the question had great validity: "Why do men seem to have a harder time being serious about God than women?"

Yes, most men do have a hard time facing their need of God and giving their lives to Him. Like this young man, I've often asked myself why this is the case.

One reason, I think, is because some men believe it is a sign of weakness to admit they need God, and they don't like to do this. They see themselves as strong and independent, and they believe they can handle life by themselves. "Only weak people need God, and I'm not weak," a man shared with me somewhat scornfully not long ago.

Another reason why some men find it hard to turn to Christ is because they know He will make them change their way of living. They have allowed sin and pleasure to take hold of their souls, and they don't want to change. Being part of an organization that provides chaplaincy to the trucking community, we know that most men who walk through the front doors of one of our locations are struggling with something. Yet when given the opportunity to do something about it, to drive a stake in the ground and take a stand for what is right by confessing their struggles to God and giving that part of their life over to Him, they choose not to. They would rather walk out the door the same man they were when they came in. Why? Because they know with change comes responsibility and accountability, and honestly, that they feel that is too much for God to ask of them.

But beneath it all is a more basic issue—and that is pride. Pride is behind almost every sin, because it means we put ourselves at the center of our lives instead of God. Pride also blinds us to sin's consequences and our need of Christ. The Bible says, "In his pride the wicked does not seek him; in all his thoughts there is no room for God" (Psalm 10:4).

I am not sure when the men who sit in the pews of our churches, in the corporate offices across America, or in the driver's seat of one of the over 3.7 million trucks on our highways today, will wake up and realize that, as a man of God, they have been given the position of a soldier for Christ. They have a battle to fight and a war to wage. The Bible tells us we fight not against flesh and blood but against principalities and powers. And it is those principalities and powers that are holding us down as men. As much as I enjoy our conferences and hearing men talk about how great it was to be with other men and how spiritually uplifting the music was, I would just once like a man to stand up and share how God spoke to him and helped him break free from the chains of sin that were controlling his life. Billy Graham said, "Courage is contagious. When a brave man takes a stand, the spines of others are often stiffened." We desperately need in our culture today some brave men who will take a stand for what is right—a stand for the Word of God and all that it teaches. In doing so maybe, just maybe, we will begin to see a movement of God among the men in the trucking community as well as the men across this country.

Pray for those you know who have little interest in God, and ask God to help you—by what you say and by the way you live—to be a witness to them of Christ's love.

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MEMBER

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On the Cover: Road Train is used in Australia to describe a tractor hauling two or more trailers. Australia has the longest and heaviest road-legal road trains in the world, weighing up to 200 tonnes (197 long tons; 220 short tons). They transport freight across some of the harshest environments on Earth. TFC Global is engaging in a partnership with Covenant Truckies to reach the more than 200,000 truckers in Australia. See page 8 for the story.



Trucking with Women in Mind

By Ellen Voie, President & CEO, Women in Trucking

Don't Be Victim of a Scammer

The email started innocent enough. The question from the CEO asked if the employee had a moment to “get a task done.” The sender asked the reader to purchase eight eBay gift cards valued at \$200 each for a total of \$1,600. The employee was then asked to scratch off the silver lining and send a photo of the codes immediately. The employee was new at the company and complied with the request, which, unfortunately, was from a scammer. The cards were purchased before the employee realized it was a scam; fortunately, the codes were never sent to the scammer.

This ruse is repeated over and over daily. The Federal Trade Commission claims there has been a 270% increase in scammers asking for gift cards since 2015. Gift cards are hard to trace, and once the code on the back is revealed, the money is gone and impossible to trace.

We've all probably experienced imposter scams, which is the number one fraud reported last year. More than \$667 million was handed over to imposters posing as government officials, family members, businesses, or romantic interests. The top form of payment was gift cards. Many of the scammers prey on senior citizens who might be more vulnerable in believing the caller. A common ruse is to pretend to be a grandchild needing money. The scammer finds the information on social media and can provide accurate descriptions that support the scammer's hoax. One of my friends received such a call from her “grandson.” Unbeknownst to the caller, the grandmother detected discrepancies in the story. She told the caller impersonating her grandson she couldn't help him; “I never loved you anyway.”

Today, our information is so vulnerable to anyone looking to steal our money. I am a frequent traveler and my credit card has been compromised many times, and that only when the card is out of my sight, such as paying for a meal in a restaurant. Now I get a text as the card is being charged.

You can't stop scammers from trying to cheat you, but you can reduce your chances of being a victim. If you receive an email from someone you don't know, delete it. Be wary of emails from financial institutions. Don't click on the link in the email; use the bank's secure website and forward phishing emails without opening them. Sometimes the email, such as in the opening of this arti-

cle, seems to be from someone you know. Be wary. Hold your mouse (or click) over the sender's email address, and the real address will appear. It's simple for a scammer to show a fake email address. It's called spoofing, and a quick Google search will show you how it's done. Fortunately, a spoofed email doesn't mean the scammer hacked your account. He or she just faked in instead.

Phone scammers are a real nuisance. Today's smartphones allow you to send all calls to voice mail unless the caller is in your contact list. You can also purchase phone blocking apps to identify some scammers, but they change numbers so often it's hard to stay on top of these calls. The simplest method is NOT to answer a call if you don't recognize the number; if it's important, they'll leave a message. You can block many robocalls by registering with the National Do Not Call Registry (donotcall.gov) or 888-382-1222. Once you are registered, no company is allowed to call you unless you're doing business with them.

Many of us have received scam calls from someone claiming to be with the social security administration, stating we are being investigated for fraud. Hang up; it's a scammer trying to scare you into making a payment (to them). The government won't call you; they'll send you a letter on official letterhead.

Set up privacy settings on your social media sites and don't share information that could be used by someone either trying to impersonate you or someone who may watch for your absence from your home so they can rob you.

One other safety precaution I learned: Don't set your GPS to “home” in your favorites; a thief who breaks into your vehicle will not only know where you live but will probably use your garage door opener to get entry into your home. They will be able to rob you while you're away, especially if they've stolen your vehicle from an airport parking lot!

It's so frustrating to be the victim of a scammer, spammer, or spoofer. Reduce your chances and keep your money safe!

To learn more about Women in Trucking, go to www.womenintrucking.org.

Overcoming Any Temptation: The Solution, Part 2

- Third in a Five-Part Series -

By Steve Etner

To overcome any temptation, you must first read your Bible daily. Fill your mind with God's Word. "Let the word of Christ dwell in you richly." (Colossians 3:16) The second step to overcoming any temptation and living in spiritual victory is to memorize God's Word faithfully.

You might be thinking, "C'mon Steve! Memorize? I can barely remember my mother's birthday let alone a Bible verse!" Can you relate? We love our excuses. The number one excuse I hear when challenging a person to memorize Scripture is this: "I have a poor memory. It's hard for me to memorize." Again, can you relate?

I have a fun, two-part exercise for you to try right now. First, take a moment right now and say your physical address out loud. Seriously. Say your complete address – go ahead and do that now. How did you do? Did you forget your address? Now, I want you to say your phone number out loud. Go ahead, I'll wait. How did you do? Did you forget your phone number? Why not? You're intimately familiar with those things because they have a permanent place in your memory. You use them on a regular basis. You also understand the great value of having that information readily available in case you need it.

It's the same thing with memorizing God's Word. Daily repetition and daily use will help you greatly with Scripture memorization. Understanding the value of having Scripture readily available is critical. David exclaims,

"I have stored up God's word in my heart (I have memorized Scripture) so that I might not sin against God." (Psalm 119:11 addition mine)

Can you remember something you never knew? Of course not. Tried it in High School and College. Didn't work then, won't work now. You see, when you are tempted to sin, the Holy Spirit will bring the Bible verses you've memorized back to your memory right when you need it. However, He'll do that only if you've already hidden it in your heart to begin with. Jesus said, "The Holy Spirit will remind you of everything I have said to you." (John 14:26) He can't remind you of the verses that will help you overcome temptation if you haven't already memorized them.

So, to overcome any temptation in your life, read your Bible daily and memorize God's Word faithfully. Remember, "I can do everything through Christ, who give me strength." (Philippians 4:13 NLT)

Steve Etner is an author, speaker, and Purity Coach with The Pure Man Ministry (a Ministry Alliance member). His conferences, seminars and retreats focus on what God has to say about the way we think and the impact it has on our behavior. Teaching men how to live in moral purity by equipping them with Biblical answers, Steve's goal is for men to have a re-ignited passion for Jesus.

Honor & Memorial Gifts

In Honor of Sam Rittenhouse

By Mr. & Mrs. Andrew Faga

In Memory of William & Bethel Rumberger

By Bryan K. Rumberger

Mr. & Mrs. Timothy P Rumberger

Mr. & Mrs. David Livezey

In Honor of Tim Brown

By Shelley Lowery

In Memory of William "Bill" Rumpf

By Gregory Powers

In Memory of Thomas F. Chambers

By Mr. & Mrs. Patrick E. Pickel

In Memory of Ivan Hill

By Mr. & Mrs. Bill Hill

Abolition Men Collective Empowers Men and Faith Communities to End Sex Trafficking

By Derek Thompson

By now you are most likely aware of the sad reality of sex trafficking in the world. You've seen or heard countless headlines and stories, been informed of the overwhelming statistics, and know that it devastates the lives of children and young people all over the globe.

What you may not understand is that the trucking industry provides much of the method in getting the "product" to the "consumer." From a slang language to stations all over the country, human trafficking grows in direct relationship to trucking. You may have even heard that sex trafficking has been one of the fastest growing crimes *in the world* for the past two decades. Like most people, when confronted with the reality of sex trafficking, you have responded with feelings of disgust, disbelief and/or anger.

Now it's time to move beyond those emotions, roll up your sleeves and take action combatting it. That is what Abolition Men Collective is all about—and so is the Exit 58 initiative of TFC Global: taking action. The hard reality is that sex trafficking exists because of men, and yet few men are actively engaged in combatting it. That must change.

For men, one way to change that narrative is to partner with organizations like Abolition Men Collective. Founded in 2019, Abolition Men takes a male-centered, "upstream" approach to combat sex trafficking. For Abolition Men, going "upstream" means confronting and reducing the demand for commercial sex, as experts from a wide-range of fields agree that ending demand is

the most effective way to end sex trafficking; to put it more simply, "no buyer, no business."

As the partnership with TFC Global is developed and implemented, we can expect to see many drivers and concerned industry leaders use resources and passion to halt this atrocity. Knowledge is power...the power to equip people with tools to see this sub-layer of the highway environment and end it.

As founder of Abolition Men, I see the direct link between demand and sex trafficking as a powerful call to action for men. It means that men cannot simply choose to sit this one out. We're involved whether we like it or not, so why not be part of the solution?

That is why Abolition Men created a holistic approach to combat demand that values the role of men in society.

When men flourish in their God-given roles and relationships, society flourishes. The problem is that most men have lost the vision. Whether it's never been modeled to them or through generational lies, a lot of men simply don't know how valuable they are. Abolition Men helps men recapture the vision of how God continues to call and use men to "Seek justice. Defend the oppressed. Take up the cause of the fatherless; plead the case of the widow" (Isaiah 1:17).

Learn more by going to www.abolitionmen.com. Check out their resource "Three Feet of Darkness" and catch the vision. For more information on how TFC Global's Exit 58 is working on the front lines of awareness and reporting, email info@tfcglobal.org.





THIS IS MY STORY

"Let the redeemed of the Lord tell their story"

The Art of Letting Go

By Lawrence (Laurie) Traynor

Why do we Christians long for control knowing it is only when we let go, abdicating all certainty and control, that we overcome our innermost fears?

I am a recovering Christian alcoholic with twenty-eight years (10,223 days) of recovery. It is surrendering control, not drinking, which terrifies us alcoholics. Based on my disease's penchant for denial, stopping was the last thing I ever wanted to do. Why is it so difficult for us to surrender, to let go and trust God? The irony is to "win" in life (sobriety) necessitates letting go with unconditional surrender.

Anyone reading this who, like me, is battling alcoholism knows that reaching out to God for help is what we should do—but we don't. Surrender to anything flies in the face of everything we have been taught since childhood.

My personal recovery taught me that my alcoholism is a chronic, progressive brain disease characterized by an impaired ability to control alcohol despite the certainty of incurring adverse social, occupational, and/or health consequences. Alcoholism is often referred to as a family disease and, similar to other mental health disorders, frequently passed genetically among extended family members.

One "letting go" metaphor that helps me, places me all alone, stranded in the middle of the ocean and on the verge of exhaustion. I am relentless in my efforts to survive, frantically treading water, convinced that no other alternative to drowning exists for me. It is at this very point of vulnerability where surrender takes place. It is not until I realize that by surrendering, trusting God and becoming perfectly still, lying on my back looking toward the sky as I float, that I am at peace knowing I can and will survive.

No matter how hard I denied it to myself, family, loved ones and friends, I knew in my heart I was no longer in control of my drinking. This knowing brought me closer to surrendering. Often alcoholics like me will resort to seeking help only when our addiction leads to hitting our "bottom" and we become ready and willing to let go,

surrender and finally give up being sick and tired of being sick and tired.

Should you ask me as to the importance of surrendering to get sober, you will quickly understand how crucial it was and is. The first step in every 12-Step program is the admission of powerlessness and the need for absolute surrender to win the addiction battle. I must continue to seek help from God for what I cannot face or accomplish alone; in seeking help, I accept my own powerlessness. Again, it is my denial that most often stops me in my tracks. It is in acceptance and admission, in acknowledging I am not in control, that our spiritual journey begins. I have come to believe that peace and serenity are only obtained by relinquishing my ego-driven demand for control.

Maybe the greatest paradox in life is the insight gained in recognizing we are in control and successful only when we let go and let God. It's a paradox, as surrender begins with the acceptance that we are powerless, accepting we are not God and not in control.

I always believed I could control my drinking any time it became necessary. The simple truth is, I was living a lie and possessed a secret I dared not share with anyone. Deep down inside I knew I was unable to control my drinking. I believe surrender begins and access to inner peace and serenity is established with the acceptance that I am not and never have been in control.

What is the response to letting go? Prayer and forgiveness. Prayer is my response to the realization that I am not in charge. Often my prayers are a silent cry and plea for help and guidance from God.

It is imperative that, as Christians, we forgive our loved ones who slowly lose their battle with the Big Bottle (alcohol) and/or the Little Bottle (pills and other mood-altering drugs) and remember they are sick and suffering from a genetic disease and not a lack of willpower. To truly forgive involves trusting God and letting go of the

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Reaching the “Truckies Down Under”

“Truckies” (Australian designation for truckers) transport freight across some of the harshest environments on Earth. It’s a vast and mostly unreached mission field! TFC Global is engaging in a partnership with Covenant Truckies to reach the more than 200,000 truckers in Australia.

Theo Catsoulis has been around trucks and machinery all his life. “My father was in road transport, carting produce from the family farms,” he reminisces. “My earliest recollections are of helping Dad work on his trucks, like cleaning and passing tools to him. As I grew older, he taught me to reline brakes, change tires and work on spark plugs, hoses, and more.”



At age 17, Theo became an owner-operator (remember, this was in Australia!). During his long career, he’s been both an employer and an employee. “I traveled this vast nation behind the wheel of trucks of various sizes, hauling all types of freight during my younger years,” he says. However, after he got married he chose to do less of the long-distance work so he could spend more time with his family. “You’ve got to combine your personal life with your working life,” he explains. “Being away from the wife and kids makes things a lot harder. You try to balance being a business person, a father, a husband, and just a normal human being. I remember once arriving home and falling into bed after an unusually long absence. I woke up the next morning when my wife brought our fourteen-month-old daughter to see me. But she only shook her head, having forgotten who I was because I had been gone for so long. I was heartbroken!”



But Theo evidently has done a good job balancing work and family: he has been married to his wife, Elinor, for 41 years. They have been blessed with three children and two grandsons.

His career has given Theo a sensitivity to the needs of the men and women on the road and a desire to help them overcome the isolation and depression they often suffer, showing them that even on the road, they are never alone. He came to salvation in his mid-twenties at what he calls “the lowest point in my life” so he understands



how the nature of the transport industry takes its toll. "Relationship breakdowns are high on the list," he says. "I know of many who have had their families pulled apart from the stress of the trucking life. Then there are the rules and regulations of the industry, the unrealistic deadlines, the loneliness of the road. Also, many drivers

are the first responders at accidents, often involving injury and death, and that adds to the stress.

"God has planted a vision in my heart to minister to those in the transport industry, to be among the drivers where they are—at the 'highways and byways.' There is a need for the Gospel and the love of God to be shown to them."

He plans to achieve his vision by taking a mobile chapel on the road, and is currently working toward that goal. "We have a 1988 LTL Louisville along with a 45-foot ex-mobile library trailer. That will be the first of many chapels we pray to have in all states and territories. These chapels will be manned by men and women of God who have a vision to see souls come into the Kingdom. They will be meeting drivers where they are at, getting around truck stops, pulling up



in parking bays, wherever, and just letting them know there's someone there who cares and is ready to listen if they need someone to talk to. You don't get out a Bible and belt them over the head with it! You just gain their confidence, ask how they're doing, get them to talk about their family. It's surprising how they open up."



Opposite page, top, Theo back in 1954, looking at his dad's trucks; bottom, Australia, his mission field.

This page, top, the trailer that will be converted into a chapel; middle, the LTL Louisville that will pull the chapel; left, Theo and Elinor.

ON THE HOMEFRONT

Check out the exciting things happening at the International Office!

- ◆ Celebrate Recovery meetings are scheduled to begin at several TFC Global locations this month. For more details, email us at info@tfcglobal.org.
- ◆ Several new candidates will be entering our Chaplaincy Training Institute to learn more about TFC Global on their journey to joining our staff.
- ◆ Our financial review for 2020 was completed by our accounting firm Simon Lever. We are grateful for our financial partners who have kept us in good standing throughout our fiscal year.
- ◆ Our board of directors met in December. Led by Ellen Voie as Chairperson, discussion on a variety of topics and reports from different departments will continue to guide our team in looking forward to 2021's ministry plans.

HIGHWAY NATIONAL EVENTS & NEWS

Post-Vaccine Quarantine Requirement Not Expected For Truckers FMCSA currently has no plans to follow FAA in requiring a 48-hour stand-down following doses of the COVID-19 vaccine. *December 24*

Cost Increases Are Coming—Your Rates Need To Reflect That Sooner Than Later You cannot afford to wait until well after increases truly take hold to adjust your own cost basis, and rates, accordingly. Neither can you afford to just trade dollar for dollar with the increase in expenses. *December 22*

Truckers Now Included In Third Group Recommended For COVID Vaccine A federal advisory committee recommended that truck drivers be in Phase 1c of the COVID-19 vaccine distribution, only behind health-care workers and other essential frontline workers. *December 21*

FMCSA Extends CDL, Med Cert COVID Waivers Through February Truck drivers whose commercial driver's licenses, commercial learner's permits or medical certifications have expired since the onset of the COVID-19 pandemic have at least through the end of February to have them renewed. *December 21*

2021 Mid-America Trucking Show To Be Rescheduled Due To COVID MATS organizers are considering rescheduling the show for either September 2021 or putting it off until March 2022. *December 17*

Full articles are available online at www.overdriveonline.com. All news blurbs are used with permission and are part of the Overdrive electronic newsletter available for free at www.overdriveonline.com.

Pastor's Corner - Rev. Robert Strobel

"You Have Arrived"

Have you every followed your GPS only to arrive at the wrong place? And to add to the frustration that creates, there is not even a decent place to turn around! Sometimes it is the result of user error (wrong address) or, most of the time, it is the result of the system miscalculating the directions. Either way, we are exactly where we do NOT want to be.

During my time on the road in the late '70s and early '80s, my GPS was not a Garmin or a Tom-Tom, but a Rand McNally! Yes, a large map. If I did not calculate and then follow the directions provided for me, I would end up in the wrong place.

I have found this to be true in my walk with Jesus. Acts 27:1-20 tells us of Paul's journey to Rome for his "final" trial. They could have avoided many of the hardships they experienced in that journey if they had only listened to the directions/advice they were given. When this happens in our walk with the Lord, it is usually the result of a combination of three things. The first is *Personal Impatience*, the second is *Peer Pressure* (yes, adults experience extreme peer pressure), and the third thing is *Personal Preferences*.

When we find ourselves on the wrong road, we will likely find that our spiritual GPS has made the wrong calculations because of any (or all three) of these factors. As we confess and repent, our Lord will recalculate our spiritual GPS and gently direct us back to where we need to be (1 John 1:9).

Proverbs 3:5-6 reminds us to "Trust in the Lord with all your heart and lean not on your own understanding. In all your ways acknowledge Him, and He shall direct your paths."

In other words: RECALCULATE!



- Continued from page 7

deep-seated feeling of resentment, the identification of self-as-victim. Forgiveness, I have come to believe, has to do with letting go of the past—giving up the claim to control the past and refusing to be controlled by it.

If a loved one or friend is struggling and losing their battle with the Big Bottle or the Little Bottle, remember it is not a question of willpower and self-control. They are sick and suffering from a disease. If you as a family member or friend can relate to any of this and would like to talk, please call me, or reach out to someone who can help. There are countless resources available, including Rational Recovery, Celebrate Recovery, 12-Step Programs, clergy and both toll-free Substance Abuse and

Mental Health Services Association (SAMHSA) and National Alliance on Mental Health Issues (NAMI).

You don't have to do this alone. Remember, even the Lone Ranger had Tonto.

Lawrence (Laurie) Traynor is a Christian and a national drug and alcohol treatment executive. He attends the Church of Eleven22 in Jacksonville, Florida, and volunteers helping Christian alcoholics and addicts, their loved ones and families locate public and private drug and alcohol assistance resources. Contact him at (904) 553-1600 or email RugbyTrayn5858@gmail.com.

MINISTRY REPORT FROM COLUMBIA, SOUTH CAROLINA

BY HOWARD HILL, TFG GLOBAL SOUTHEAST DISTRICT MANAGER

After a year into my second retirement as an over-the-road truck driver, a dear friend and former TFC Global chaplain persuaded me to apply for a position as associate chaplain at the Columbia FaithLife Center (FLC). It really didn't take much to persuade me because I was looking for a way to start ministering again. I had been associated with the ministry in Greensboro for several years until my job as truck driver made it necessary to step away. I was amazed when I was asked to apply for the position of Southeast District Manager, but felt that God was in this, so I applied and received the position in August of 2020.

Ministering during the pandemic is definitely challenging. We see little to no drivers attending Sunday or Wednesday services. The majority of our ministry is done in the parking lot, where you encounter drivers that are hurting and having challenges with home and family. We hand out literature and pray for those in need. If you can't get them to come in, you go to them!

Although I applied and accepted this position, my wife, Selena, will cheerfully say she was drafted and is usually with me at the FLC. That is why, when I have an opportunity to share in the FLC, I will often tell of our healing testimony, of which she is a major part.

In 2001, Selena was diagnosed with multiple sclerosis. At that time, she lost her ability to walk unassisted as well as the use of her right hand. She was told she would never regain these abilities, but would only get worse. In 2002, because I wanted to be sure she was always cared for, I applied for additional life insurance. After failing the physical twice, I finally made a doctor's appointment and was diagnosed with cancer—multiple myeloma, advance stage.

Selena hung on to God's Word and promises with bulldog faith, the scriptures of Isaiah 53:4, I Peter 2:24, Matthew 8:17 and Isaiah 41:10 being her constant confessions. Eventually she went from a wheelchair to a walker to a cane. The day she came home from her beautician's and realized she had forgotten her cane, we knew she no longer needed it. She now tells others, "All of God's promises are 'yea and amen' in Him. If you



don't give up on God, He will not give up on you. I'm walking proof."

As for me, where Selena's journey took seven years, mine was over in less than a year. I was able to see God's hand at work though medicine, where doctors had given up on Selena.

At the end of a treatment in which I received a massive dose of chemo and a stem cell transplant, the doctor's expectations were that I would have about a month-long hospital stay and would suffer with sores in my mouth and other possible problems. However, none of this came about. After nine days, when all my test came back great, the doctor stood at the foot of my bed with my chart and stated in amazement, "Unbelievable! I shouldn't get paid for this." I was released that day. God proved faithful once again.

Both our journeys have brought us closer to God and His Son, Jesus Christ. Since this time, I have become an ordained minister and a chaplain for TFC Global, with Selena by my side. I'm always eager to share my faith and our story in hopes of letting others know of God's faithfulness and love in sending His Son, Jesus, for our redemption.

YOU DID IT!

As of January, 2021, our mortgage has been **PAID OFF!**

Thanks to successful Legacy of Faith and Giving Tuesday campaigns, the balance is zero! Praise the Lord! Thanks for your sacrificial gifts on our behalf. Our ministry to the trucking industry grows better and reaches more people with partners like you!



At TFC Global, the International Christian Trucking Association wants to make sure that drivers and their families receive care. That care can look like safe ways to stay awake through conversation with a listening chaplain no matter what time it is or drivers knowing that their wives are encouraged by T.A.P. (Talk and Prayer) meetings near home. For more information, visit our website at www.TFCGlobal.org for a location near you.

13% OF THE TRUCK DRIVERS YOU PASS ARE STRUGGLING WITH FATIGUE.

Walk the Walk

By Mike McGough

***Ephesians 4:26 – Do not let your anger drive you to sin,
and do not let a day end without trying to resolve the causes of your anger.***

Angry Stones

The first several hours of this three-day hike passed quickly. During the afternoon of the first day, the guide noticed something that concerned him. One of the hikers was showing noticeable signs of fatigue. She was at the head of the pack early in the day, but throughout the day her pace declined steadily. When they stopped for the day, he asked her how she was doing.

“There’s a lot of time to think out here. The past few months have been rough, filled with a good deal of anger. This may sound crazy, but I’m rehashing a lot of it as we walk.”

He offered some advice. “As hikers, we go to great lengths to keep our physical loads small. Well, the same should be true for emotional baggage. Think of angers, resentments, and irritations as stones. Each one you hang on to adds another stone to your emotional backpack, and even a few creates a really heavy load.”

“I know,” she replied.

“Periodically, it’s wise to look at the stones you’re carrying. If there’s something you can do to resolve any of them, do it. If there are some about which you can’t do anything, let them go. Put them behind you, then move on. You’ll be surprised how

much it will lighten your load.” “Thanks, I needed that,” she said.

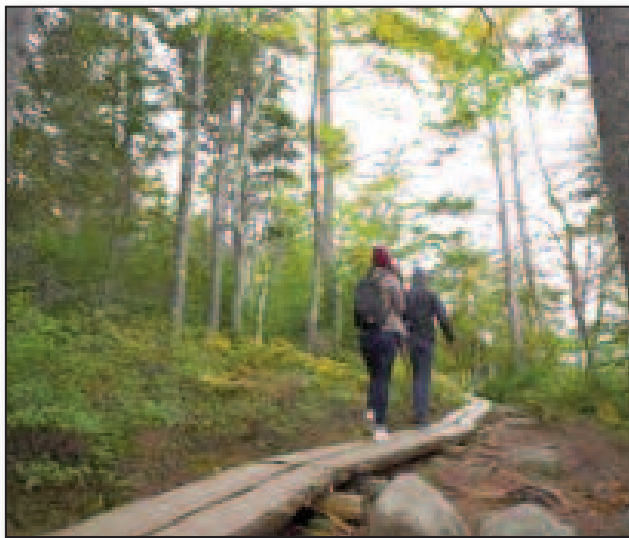
“We all need that reminder from time to time,” he continued. “I try to never let the sun go down on something that has angered me. I’m not always successful, but I at least try to do something to resolve my anger and curb the internal turmoil anger causes.”

He then shared a poignant Mark Twain quote: “Anger is an acid that can do more harm to the vessel in which it is stored than to anything on which it is poured.”

When they stopped for the second day, they were at Buena Vista Summit. An overlook provided a beautiful view of the valley

below. Bending down, she picked up a small rock, briefly looked at it, then hurled it into the valley. Turning back toward the trail, she caught the guide’s eye. She smiled and nodded, as if to say, “Thank you; lesson taught and lesson learned!”

Walk the Walk: A Daily Guide to a More Christlike Life is the daily devotional guide from which the New Testament passage that inspired this article is drawn. Copies of that devotional are available at Leadershipmrm.com.





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If you were to die today, where would you spend eternity?
You can know for sure.

- A. *Admit you are a sinner. "...for all have sinned and fall short of the glory of God" (Romans 3:23).*
- B. *Believe in Jesus for the forgiveness of your sins and for eternal life. "For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish, but have eternal life" (John 3:16).*
- C. *Confess Jesus as your Savior and Lord, and turn from your sins. "...if you confess with your mouth that Jesus is Lord, and believe in your heart that God raised Him from the dead, you will be saved" (Romans 10:9).*

To give your life to Christ, pray the prayer below.
"Lord Jesus, I know that I'm a sinner. I believe that You died on the cross and shed Your blood to pay the penalty for my sins. Please forgive me and come into my life. You are my Savior and Lord."

We would love to hear about your decision. Email TFC Global at info@tfcglobal.org or call 717-426-9977. Resources will be sent to you to help you grow in your faith.