

HGHWAY NEWS TECGLOBAL



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A WORD FROM OUR PRESIDENT

"Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us" (Hebrews 12:1).

If you are a sports fan then you know home field advantage can mean everything in sports. Teams who play at "home" often have a far better record than those on the road. When a team has someone cheering them on, they can often outplay their ability. The Bible says that you, too, have an audience cheering you on. Hebrews 12:1 says, "Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every



weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us"

God knows everything about you! The Bible says, "The eyes of the LORD run to and fro throughout the whole earth" (2 Chronicles 16:9 KJV). The Lord doesn't miss a thing. He knows your ups and your downs, every thought you have, every concern, every victory—everything.

Does that scare you or encourage you? Why? Your answer will depend on how you are choosing to live your life and what your walk with God looks like.

You're hundreds, maybe even thousands of miles from home, alone, tired, experiencing temptation at every turn...... and you are a believer. The danger here is that under these physical conditions we are tempted to make wrong decisions based on the belief that nobody is watching and nobody will know.

However, you need to remember that God is watching; nothing you do is private. You have an audience. The angels in heaven are watching. But that's not meant to freak you out. It should encourage you, because it means you have a cheering section.

Everyone at some point feels like no one believes in them, like they can't seem to get a break or do anything right. When you feel like that, remember you're never alone. Your heavenly cheering squad believes you can do hard things with God's help.

But let's talk for a moment about that professional driver or family member who is alone, tired, experiencing temptation and doesn't know God.

You don't understand anything that I am talking about. You feel alone, worse yet, you feel hopeless. I am here to tell you that you are not alone. There is a God who loves you. So much so He gave His only son Jesus Christ to die on a cross for you. Why? Because He loves you! He loves you unconditionally! You see Jesus Christ is God's only plan of eternal salvation for the entire world. The Bible specifically says, without any other possible interpretation, that there is only one God, one faith, one baptism, and one way to God the Father and that is only through His Son Jesus Christ and His sacrificial death on the cross. This salvation is a gift; all you need to do is accept it.

If this is you, I encourage you to stop what you're doing right now and ask Jesus Christ to forgive you from your sins and accept Him as your Savior, thereby allowing His transforming power to begin to change your life.



FEATURES

4 MATCHING GIFT COMPLETE

5 Brad Huddleston: This is Modern Life

6 Ode to Truck Drivers

7 Women in Trucking: #CheckOnYourFriends

9 Gateway To Freedom Foundation: Breaking Down Barriers to Freedom (Part 3)

10 TFC Global: Fighting for the Hearts and Lives of Our Professional Drivers and the Trucking Community

13 Walk the Walk: My Fault

14 Radio Program Information

15 Building Faith Families: The Work of God

16 Events

17 TruckStruck: A Junkyard Life

18 Trucking Truth:

Solitude Becomes Every Truck Driver's Heaven or Hell (Part 2)

20 Advertising Opportunity: It's a Win-Win!

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TFC Global has a myriad of opportunities to provide ministry and chaplaincy services to the trucking community. If God is calling you or you know someone who would be a good fit, we'd like to chat.

OPEN POSITIONS

- District Managers: provide leadership and oversight for a group of staff chaplains and chaplain associates located in an assigned area of the United States.
- Staff Chaplains: provide leadership over a team of associates who minister to the trucking industry in an assigned region.

To apply for these positions, visit our website at www.TFCGlobal.org/employment.

GOAL HAS BEEN MET!



YOU DID IT!

Thanks for your generous support toward our fundraising goal for our Legacy of Faith campaign. We are grateful for how you entrust us with your financial resources.

THIS IS MODERN LIFE

By Brad Huddleston

Just how bad can digital addiction be? How deeply can it affect an entire family? As you can imagine, I often receive emails seeking advice. Following is one such heart-breaking correspondence (used with permission).

Good day, Brad. I am writing to you from South Africa. I just finished reading your book [Digital Cocaine: A Journey Toward iBalance]. I have two teenagers, a girl and a boy, one a gamer and one a YouTuber. My daughter has been struggling hugely, and she threatened suicide after we watched your sermon. She had already started going for therapy and had to go on medication. She had friends leave over a couple of years and then the pandemic, but I also blame technology. I wanted to ask if TV also does the same thing in the brain? I feel like depression is huge in South Africa and we can blame COVID, but I think it could be technology. There is not a lot out there for South Africans. How do we spread the word, the truth about [your sermon]? Looking forward to hearing from you. God's Richest Blessings, (name withheld)

Following is my response:

I appreciate your transparency very much, and my heart goes out to you. Unfortunately, you are correct. South Africa lacks help for digital addiction, and so does the rest of the word, except for parts of Asia. For example, South Korea's government has set up hundreds of digital detox centers. Unfortunately, most of the world is left with few options except a digital detox at home with the support of friends, family, and church, when possible. There are a limited number of clinics, counselors, and digital detox "boot camps" that will provide help, but you'll have to search to see if there are any near you.

I hope that your daughter's therapy will yield positive results. I also hope that her therapist strongly counsels her to undergo a "dopamine detox" for an extended period (at least four to six weeks). If not, I am recommending that as part of her therapy. As you can imagine, your daughter will not take this very well, especially if she is already threatening suicide. Regarding suicide, please take this threat seriously, and play it safe. Call whoever you have to in terms of emergency services.

I recommend that the entire family do a digital detox together, support each other, and do lots of non-digital activities as a family, such as playing board games, card games, and reading encouraging Christian books, especially the Bible. Use this time as an opportunity to renew face-to-face relationships and grow closer. I also suggest that you seek prayer and help from other Christians, although this can be a challenge as you will likely find that most families are struggling just as you are. If you find this to be the case, taking the initiative to form a support group at your church, with the blessing of your pastor, might also prove to be helpful.

Yes, COVID is partly to blame for the isolation and depression. The isolation has given dramatic rise to screen time, which has exasperated depression around the world. As for television, yes, that screen also contributes negatively to the issues mentioned above.

I appreciate your desire to seek advice as to how to spread the message of *Digital Cocaine*. I find that relationships are the key. For me, I often invite someone out for a relaxing coffee time, and at some point in the conversation, bring up whatever issue that is on my heart. I often find that the Lord was already at work. It's that simple.

May the Lord guide you as you yield to His word, the Spirit's leading. I hope something that I have said here encourages you. "Jesus looked at them and said, 'With man this is impossible, but with God all things are possible.' " Matthew 19:26 (NIV)

Blessings, Brad

Note: This sermon was one that I preached at Christ's Commission Fellowship in Manila, Philippines. It can be watched on YouTube by searching Brad Huddleston, Digital Cocaine, Christ's Commission Fellowship.

Look for Brad's book coming soon called, "Digital Rehab: Digital Detox and Beyond". You can reach Brad at bradhuddleston.com

An Ode to the American Truck Driver

It's time to say thank you to America's truck drivers.

Through every season, truck drivers are hard at work.

Even on weekends and holidays, truckers keep the country rolling.

They spend weeks, even months, away from their families to supply the needs of the rest of us.

They battle traffic jams and weather daily, working to deliver the nations' goods on time.

Truck drivers are the true backbone of America.

Their difficult job is often overlooked, but it's time for a change.

The next time you see a trucker, recognize the tough work that they do by saying thank you with a wave and a smile.

Written by the Overdrive Magazine staff for Driver Appreciation Week



Trucking with Women in Mind

By Ellen Voie, President & CEO, Women in Trucking

#CheckOnYourFriends

My son's close friend ended their relationship when he recently took his own life. They had been buddies for many years and were both passionate about working on their cars together. They were in the early stages of forming a partnership to build a shop to diagnose and fix automotive issues. My son was devastated. Andrew was only 29.

A few days later a good friend of mine lost his young son to suicide. Patrick was a former Marine who had served for five years. When he ended his life, he was employed as a truck driver at the same carrier with his dad. What can you say to someone who is burying a 24-year-old child?

Shortly after the news, another friend's son-in-law decided to end his life short by suicide as well. My friend had to help his daughter and granddaughters through the pain of losing someone who made the decision to leave them when he chose to end his own life.

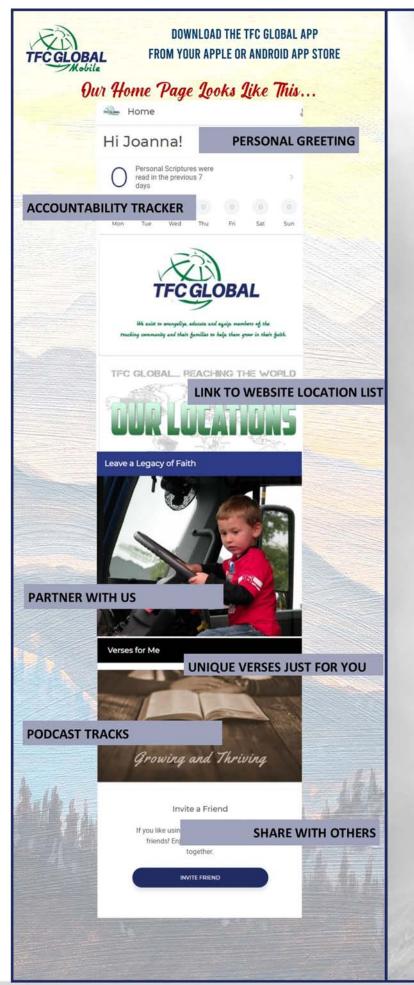
Three weeks, three young men. Three suicides. So many people left behind who wonder if we could have made a difference, or if we missed the signs of depression and despair.

The statistics are overwhelming. Military suicides rose by fifteen percent. The US Centers for Disease Control reported a 51 percent increase in suicide attempts among teenage girls. According to Wikipedia, the United States ranks 31st in suicide rates per 100,000 population (14.5%) for 2019. For professional drivers, the problem is significant. In the United Kingdom, they found the suicide rate for van drivers was 25 percent higher than the national average and for truck drivers the rate was twenty percent higher. They initiated a campaign called CALM, "Campaign Against Living Miserably," for those who drive for a living. In Australia, eight people take their lives every day. They launched the R U OK? Campaign to address suicide prevention by "inspiring people to invest more time in their personal relationships," and to build support networks. For professional drivers, suicide in Australia is now the second leading cause of death for drivers under the age of 39. One Australian driver who tried to express his struggles with another driver was told to, "shut up and grow some balls." He said, "[Men] don't talk about their inner feelings, don't talk about their anguishes or what's going on through their minds, especially with their work mates because it's just unheard of and I find that really sad." Australian Research fellow, Dr. Elizabeth Pritchard said, "Some fear if they talk about having challenges around mental health and wellbeing that they will be seen as being unable to do their job and will lose their job."

For my son and his buddies, they connected with another mother who had lost her son to suicide and promoted the #CheckOnYourFriends initiative. They printed stickers which they placed on their cars in memory of his buddy and others who are no longer with us. The pandemic has led to more isolation, depression, and stress for so many reasons. The National Library of Medicine (PubMed.gov) states that "Stress-related psychiatric conditions ... are associated with suicidal behavior and that COVID 19 survivors may also be at elevated suicide risk. They recommend, "traditional and social media campaigns to promote mental health and reduce distress." When I looked for suicide prevention campaigns for professional drivers in the United States, I found nothing. In fact, there were more mentions of suicide by "truck" than suicide by truck drivers. We can't control who decides to end their life by stepping in front of an 18-wheeler (or a train), but we can start to focus on our own drivers who are dealing with added stress and depression during these difficult times. In honor of my son's buddy, Andrew, I have a bumper sticker on my car with #CheckOnYourFriends. It's a simple message but if it will remind each of us to reach out and stay connected, then let's do it.

This past year, the Women In Trucking Association partnered with <u>ESPYR.com</u>. to offer 90 days of "Talk Now," free to all WIT driver members. Amazon paid for the first 90 days and Total Transportation of Mississippi funded another 90 days for our drivers. TalkNow offers mental health support immediately through telemental health.

We need to support our professional drivers through these difficult times. Over the coming months we will be working to address our driver's mental health. For now, please remember to #CheckOnYourFriends. Make that call, stop for a visit, send a text, but please stay in touch.





HOW WILL YOU BE REMEMBERED?

You've lived your life with purpose, cared for others, and made a difference. Now, you can leave a legacy of hope for professional drivers and their families struggling to meet their basic needs.

By leaving a gift to TFC Global's ICTA TruckersLife Foundation in your will or trust, you can be remembered for generations to come as someone who made a difference for vulnerable trucking families.

After providing for your family, you can leave your mark by making a gift to help others.

No gift is too small; it costs you nothing now.

To learn more, email info@tfcglobal.org or call 717-426-9977. To give, go to our website at www.TFCGlobal.org/Give/Be a Faith Partner.



BREAKING DOWN BARRIERS TO FREEDOM (PART 3)

The tag line for the Gateway to Freedom Foundation is "driving down the demand." The tag line combines TFC Global's ministry to the professional driver, with the goal of the foundation to reduce and end the demand for commercial sex. It's such a clever tag line, I wish I could take credit for creating it.

In promoting this work around the country I've become accustomed to hearing many of the same responses from people regarding the goal to "drive down the demand." People say things like "pornography is a harmless form of entertainment," or "boys will be boys," or "prostitution is the oldest profession in the world." Do any of these sound familiar? Chances are I'm not the only one who has heard them before. The popularity of these arguments in society reveal the common cultural beliefs or "norms" people have around consumer sex. Taken together these beliefs are saying that: 1) consuming sex is harmless and fun, 2) that it's a natural part of who men are, and 3) it's impossible to end. Given these beliefs, it's no wonder the demand for consumer sex has grown rapidly in our society.

However, just because beliefs are popular doesn't mean they're true; or even that people actually believe them. In my experience I've come to see that these common phrases are so ubiquitous people share them without stopping to think about what they actually mean. When I begin to press people to think a bit deeper about these beliefs it's amazing how quick they are to reject them.

Take for example an interaction I had recently with someone at an anti-human trafficking event. I was sharing about the mission to "drive down the demand" and the man I was sharing with said, very matter of fact, "I don't see how you can end the demand because you know 'boys will be boys." Prepared for that sentiment I replied, "thank you for sharing that, you

know the truth is that consuming sex is not a part of who men are. Men actually are designed for real, authentic relationships, not transactional or consumer-based relationships. What's worse is our boys are listening to us when we tell them 'boys will be boys.' If we tell them this is what it means to be a man, what do we expect them to do?" The man, a bit stunned, replied introspectively, "I guess I never really thought about that."

I believe that is true for a lot of people in our society. Many people simply haven't really thought about the common cultural beliefs around consuming sex. The good news is that it is fixable and it starts with you and me. If you are reading this you have an opportunity to think deeper about what you believe about consumer sex. Is it really harmless and fun? Is it really a part of what it means to be a man? Is it impossible to end? What you believe matters. If you believe its harmless, chances are you're not going to put much effort in combatting it. Remember our boys and girls are listening to us. What are we telling them when it comes to consuming sex. If we want to end sex trafficking we need to start telling them the truth. To learn more about combatting human trafficking go to www.gatewayff.org. Or, email gateway@tfcglobal.org.





CALL TO ACTION

TFC Global's International Christian Trucking Association is looking for

8 PEOPLE

from the trucking community in the Lancaster, Chester, and Berks County area who would be willing to come together once a month to pray for our country and the trucking community. This group would also discuss ways to support the trucking community by facilitating gatherings that provide the opportunity to learn, network and exchange ideas.

For 70 years TFC Global has consistently and effectively advocated on behalf of the trucking community. The ICTA regional group has been created to provide a way for the trucking industry and their families to know Christ and grow in their Christian life through discipleship opportunities, educational resources and seminars. Our desire is to connect professional drivers, retired drivers, trucking company owners and other trucking-related individuals in supporting and encouraging one another.

You can make a difference

IT'S TIME TO TAKE A STAND

To sign up for this team or get more information, contact our office at info@tfcglobal.org or call 717-426-9977.



My Fault

Ephesians 4:25 - Tell the truth, so that the words you share can be believed and trusted.

It was a big mistake. The fix was going to be costly, and it was going to affect the bonus of everyone on the team. One person had made a mistake, but everyone was going to pay a price for it.

As an editorial team in the pre-computer era, they were responsible for the hardcopy manuscripts that came through the publishing house for which they worked. Each manuscript was assigned to a lead editor, but based on genres and topics, most manuscripts were group efforts. By the time a manuscript was ready to go to print, it would have been all but impossible to determine who had proofed exactly what was in it. There was a great deal of trust in the team.

During the editorial process the team had been advised that the author wanted a particular word removed, throughout the entire manuscript. It was a word that was becoming offensive or at least problematic to an increasing number of people. He wanted to use a more appropriate word. They were all on the lookout for that word as the manuscript was circulated.

Unfortunately, in one of the latter chapters, the word was missed three times. The book went to print, and when the author got the initial proof, he was furious. A great deal of time and effort was going to go into fixing this blunder. As a result, the annual bonuses for the editorial team would be diminished.

At the meeting when the problem was discussed, no one stepped forward to accept responsibility. And because of how they edited as a group, affixing specific blame would be virtually impossible.

This was going to be a team blunder. That is until she spoke up.

"I'm all but certain that's on me. I took it home over a weekend, got busy and rushed through it on Monday morning to hit the noon deadline. I'm so sorry!"

Later in the day, one of the other editors asked her why she took the blame. Her response was unmistakably clear and pointedly direct. "I made a mistake, and I hope the team can forgive me for that. If I had lied by not admitting my mistake, I'm not sure I could have forgiven myself!"

Trust can be easily damaged, and it can be very difficult to rebuild.

MEMORIALS & HONORARIUMS

In Memory Of

Margaret Wertz — given by Gloria Barrowcliffe
Lois Kauffman — given by Charlene Luehsinger
George Reuter — given by Timothy Stanberger
Raymond Hoover — given by Zook Molasses/L & S Sweeteners
Paul D. Jones — given by Dayel R. Giammarino

In Honor Of

Chaplain J. Clifford Davis — given by Marjorie Gonya Chaplain David Nispel — given by Charles J. Cruciata



We are excited about this new opportunity to reach drivers and the trucking community. Partnering with TNC Radio Live's Tom Kelley, Ron Fraser and Derek Thompson are hosting a spot on the radio Monday nights at



TRUCKERSLIFE Radio

7:00 pm. Tune in when you can to the online station at www.TNCRadio.Live. Material will range from an explanation of our ministry to interviews with trucking contacts to fielding listener questions. Pray for this endeavor to reach drivers for Jesus through sharing the gospel and encouragement for their faith journey. If you would like to sponsor a weekly program, please contact info@tfcglobal.org or call 717-426-9977.

FEATURED INTERVIEWS

- Tom Wolff: Counselor, Pastor
- Brad Huddleston: Author, Digital Cocaine researcher and communicator
 - Ellen Voie: Women in Trucking CEO and industry advocate
 - Doug Smith: Covenant Transport Executive, missions enthusiast

DOWNLOAD THIS PODCAST WHEREVER YOU LISTEN TO YOUR FAVORITE HOSTS.



Building Faith Families By Steve Demme

THE WORK OF GOD

Faith is not only important in our homes but in how we view the world in which we live. The crowds following Jesus asked Him how to do the works of God. "Jesus answered them, 'This is the work of God, that you believe in Him Whom He has sent." (John 6:29)

Believing God and having faith in His Word is good work. My faith is increased as I marinate in God's Word. "Faith comes from hearing, and hearing by the Word of Christ." (Romans 10:17 NASB)

One of the many benefits of reading through the Bible each year is the sense of perspective it provides. I am encouraged knowing that what God chose to record in scripture was designed to give His followers hope. "Whatever was written in former days was written for our instruction, that through endurance and through the encouragement of the Scriptures we might have hope." (Romans 15:4)

I find encouragement reading about the three worthies standing before the emperor Nebuchadnezzar. With the fiery furnace in view, we wonder if they will bow to the golden image and preserve their lives or if they will be true to the One True God. "Shadrach, Meshach, and Abednego answered and said to the king, 'O Nebuchadnezzar, we have no need to answer you in this matter. If this be so, our God Whom we serve is able to deliver us from the burning fiery furnace, and He will deliver us out of your hand, O king. But if not, be it known to you, O king, that we will not serve your gods or worship the golden image that you have set up." (Daniel 3:16-18) They were willing to die for their faith in God.

These three men were not alone. God has always had a remnant of faithful followers, even when it seemed that there were none. Elijah felt completely alone in his day, yet God patiently painted a different picture. "God has not rejected His people whom He foreknew. Do you not know what the Scripture says of Elijah, how he appeals to God against Israel? 'Lord, they have killed Your prophets, they have demolished Your altars, and I alone am left, and they seek my life.' But what is God's reply to him? 'I have kept for Myself seven thousand men who have not bowed the knee to Baal.' So too at the present time there is a remnant, chosen by grace." (Romans 11:2-5)

In every age, men and women of God have had to make hard choices whether to bow to God or give their allegiance to false gods. When the early disciples suffered and were persecuted for their faith, they gave thanks for the privilege. "They called in the apostles and had them flogged. Then they ordered them never again to speak in the name of Jesus, and they let them go. The apostles left the high council rejoicing that God had counted them worthy to suffer disgrace for the name of Jesus." (Acts 5:40-41 NLT)

Instead of fearing persecution and shrinking back, let us also embrace these trials as opportunities to stand firm with those saints who have gone before us. May we be of the same mind as the writer of Hebrews, and not be numbered with "those who shrink back and are destroyed, but of those who have faith and preserve their souls." (Hebrews 10:39)

TruckStruck

By Lynn Bolster

A JUNKYARD LIFE

Little did I know when I got into trucking that it would lead to junk. Scrap metal, trucks in various stages of salvage waiting to be resuscitated, motors, compressors, like the ones in our front yard. Each piece sat waiting for its next life to begin as it slowly rotted and deteriorated. Junkyards keep the wheels turning!

As a child, my father would take me for Sunday drives. He would point out scrap yards and say "look at all those junk cars." I saw hunks of rusted-once-someone's-dream-car and say "look at them, their life is over." I really thought that too. To think, thirty years later, I ended up with that vision as my daily reality.

Don't let the mess fool you. Money is in the clutter. Junkers are the original recyclers. But having tractor trailers, a Baltimore City swat bus, a ladder truck - basically anything over 10,000 lbs. taking up residence outside my bedroom window was not on my radar, and I never saw it coming. My guy Bill had over fifty years truckin' and was a master mechanic. So fifty years = a lot of truck junk!

Big truck junk guys love to spew their knowledge about CAT vs. Cummins vs. Detroit along with the merits and miseries of each. Words like piston, liner, run the rack, did it burn the race to the spindle and more, I heard daily. The scary part is I understood most of it. If you chose a partner in this profession with a passion for junk and dismantling anything in sight, your world too would revolve around scrap and exciting new vocabulary words. Storage outside created an eyesore, according to the township. Luckily we had a gifted attorney on speed dial for those moments. We had piles of scrap metal, lumber, rusted parts and tools, vehicles with doors and motors extracted but still with a good battery and tires with tread left. I spent years moving and organizing the pickings. I call Saturdays my "community service day" where I help others, but I had trouble justifying helping elsewhere when my backyard was the one that needed the help.

Bill grew up during the depression and learned from his father that you never knew when you might need that rusty spark plug or half-broken tarp strap and always remove the hook even if you have to toss the rest of the strap. In our junking adventures, I had one cardinal rule - hide or disguise buckets, barrels and fuel containers. People comprehend junk,

vehicles and the occasional air-ride suspension in someone's driveway but mystery liquids are scary. As a child in the Girl Scouts we did a community creek clean-up and found large drums of chemicals that had been dumped in the water. Now this was in the 1960s and things weren't as advanced as they are now with the environment and all. Not long after the drums were removed, we were told you could get polio if you went wading in that water. Now I may have misheard that, but I do recall getting my polio vaccine shortly thereafter and for being good, my mother took me to my favorite swing set at the park right next to that creek. Anyway, I would tell Bill to hide the buckets, cover the barrels and containers with tarps. To the layperson, township official or EPA agent, their contents may as well have come from Three Mile Island or some other controversial place.

We had visitors at all hours needing truck parts like windshield wiper motors, fuel pumps, air bags and sensors. When they arrived, a glazed look came over them while surveying the inventory. Everything really was something and the kid in the candy store mentality returned. "Isn't it great to have all this stuff at your fingertips?" they would say. I would answer that it did keep the mice out of the house since there were so many glove boxes, truck sleepers and old motors where they set up housekeeping. Our yard was a field of tulips to the guys as they picked, poked and gathered up treasures like it was Christmas. It might be a hunk of steel or aluminum to me but "just what I was looking for" or "I haven't seen one of these in years" to them.

Then would commence the haggling, old horse trader negotiations . "That's too little, that's too high, you started where I wanted to stop, can we trade?" Luckily, when we were short on paying the electric bill, selling a piece of junk kept the lights on for another month. I should have offered pickers a free 50-gallon drum with each purchase just to get rid of them but I wasn't sure if their polio vaccines were up to date!

Lynn Bolster loves anything to do with trucks and has been active in the trucking industry since the 1980s. She worked over the road for 12 years with her now deceased partner of 22 years, Bill. She has her bachelor's degree in journalism and a master's degree in Recreation and Leisure Studies Management with a focus on health and fitness. Her Master's thesis was on "The Recreational Pursuits and Health Habits of Long Distance Truckers." She has been featured in InlewWashington Post, USA Today and has been published in various trucking publications. She was the sales manager at three truck stops for several years. Lynn is on the Board of Directors for IFC Global. ©2021



SOLITUDE BECOMES EVERY TRUCK DRIVER'S HEAVEN OR HELL: PART 2

After returning home you realize that the parade going on isn't in honor of your arrival. It's your former life continuing on without you.

When you decide to become an over the road truck driver, you're not just taking on a new job, a new career, and a whole new set of challenges in your life. You're also leaving behind the life you once knew. Oh sure, your wife and kids will still be there when you return, and they'll be super excited to see you. Your friends will probably want to go out to catch up a bit. But you soon realize there is now a wall between you and them. In fact, it feels more like The Great Divide.

The people back home don't understand what you endure out on the road. They never took an 80,000 pound building on wheels down the Rocky Mountains in a January snowstorm. They never tried backing up to a 150 year old building in New Jersey that requires you to block traffic on a busy street while 75 people watch impatiently as you try to get out of their way. They never faced the snarl of Chicago traffic on a Friday afternoon in a terrible thunderstorm. So they can't relate. Sure, they enjoy the stories a bit. But as quickly as the stories end, your family and friends have turned their attention back to their everyday lives, just as you've turned your attention back to yours.

OVER THE ROAD MEANS A WHOLE NEW LIFE

Before deciding to become an over the road truck driver, make sure you understand the implications. Life will never be quite the same. If you're single and you don't have children, it might be one of the best decisions you'll ever make. That was me. I loved my years on the road. I loved the solitude. The challenges and the adventures were simply priceless to me.

But if you have a lot of friends you're close with, or more importantly you have a spouse and children you love dearly, please understand that your old life will not continue down the same path after you start driving. You just aren't around as much. Your life will take a whole new path, and in many ways it will continue on without you.

THERE IS STILL HOPE!

Now don't lose hope! There are a ton of local, regional, and dedicated truck driving jobs that can get you home every night, or at least every weekend. There are even companies with home time options like 7 on/7 off, 7 on/3 off, and 14 on/7 off. There are also trucking companies that hire inexperienced drivers who will get you home every weekend.

If you have a great home life you cherish and you want to remain close with your family and friends, you have options in the trucking world that will allow you to have a great career and still keep your home life strong and healthy. But do not kid yourself into thinking that you can show up a few days a month and life will go on as it had in the past. Whether you're around or not, the parade marches on. If you want to remain a part of it, you'll have to make careful career choices.

Brett Aquila was an over the road driver for 15 years, beginning in August 1993. He started TruckingTruth to help new drivers understand the trucking industry and get their career off to a great start. He has written a book called <u>Becoming a Truck Driver: The Raw Truth About Truck Driving</u> available for free on his website, www.truckingtruth.com.

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If you were to die today, where would you spend eternity? You can know for sure.

- A: Admit you are a sinner. "For all have sinned and fall short of the glory of God" (Romans 3:23).
- B: Believe in Jesus for the forgiveness of your sins and for eternal life. "For God so loved the world, that He gave His only begotten Son, that whoever believes in Him should not perish, but have eternal life" (John 3:16).
- C: Confess Jesus as your Savior and Lord, and turn from your sins. "if you confess with your mouth that Jesus is Lord, and believe in your heart that God raised Him from the dead, you will be saved" (Romans 10:9).

To give your life to Christ, pray the prayer below.

"Lord Jesus, I know that I'm a sinner. I believe that You died on the cross and shed Your blood to pay the penalty for my sins. Please forgive me and come into my life. You are my Savior and Lord."

We would love to hear about your salvation. Email TFC Global at info@tfcglobal.org or call 717-426-9977. Resources will be sent to you to help you grow in your faith.