



HIGHWAY NEWS



TFC GLOBAL

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May 2022

A WORD FROM OUR PRESIDENT

GOD OF MIRACLES

The boat was filling with water as the storm raged. (Matt 8:23-27) Anxious disciples fretted and were filled with despair. All the while, Jesus slept. Afraid, they woke Him and asked, "Don't you care?" With full tranquility, the Lord directed the wind and waves to be calm and His creation acknowledged His sovereignty and obeyed His voice. It was a miracle.



For years, the world has looked at the United States of America as a beacon of strength, perseverance, and unity. Recently, that structure appears to be coming undone as the "wind and waves" of many contentious and divisive issues face our nation. Daily I hear from friends, family and strangers all asking various forms of "what's going on?" and "where is God right now?" The answer of course is obvious: God is still at work and He is still sovereign. He has known from the beginning and is in complete control of all that is happening now and all that will happen. He wrote the script.

Just like the disciples on the boat, it was easy to miss the obvious truth when it was obfuscated by fear and the distraction of the storm. For us, distractions come from every direction. It could come from a friend who relates a story they heard, a video that pops up on social media, the many news agencies reporting various versions of events with conflicting and sensationalized stories. Everyone is talking but few are listening. No, not listening to the noise around them, but listening for God. To do so, it is important for us to stop and remember to be still.

You may recognize the first part of Psalm 46:10, "Be still, and know that I am God." Less commonly referenced is how the verse continues. Do you trust it? I'm exalted among the nations. I will be exalted in the earth." This is a strong and exciting promise. I am reminded of a song I learned as a child, and one I taught my own children: "Trust and obey, for there's no other way, to be happy in Jesus, but to trust and obey."

As we move forward individually, and as a nation, we need to be still, we need to listen for God, and we need to trust His promises as He is at work. A pastor once said, "There was never a miracle in the Bible, before there was a problem." God performs miracles every day, but are we willing to be still enough to see them?

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We are excited about this opportunity to reach drivers and the trucking community. Partnering with TNC Radio Live's Tom Kelley, Ron Fraser and Derek Thompson are hosting a spot on the radio Monday nights at 7:00 pm. Tune in to the online station at www.TNCRadio.Live. You can also use any of the podcast hosting programs pictured below. Material will range from an explanation of our ministry to interviews with trucking and corporate contacts. Pray for this endeavor to reach drivers for Jesus through sharing the gospel and encouragement for their faith journey. If you would like to sponsor a weekly program, please contact info@tfcglobal.org or call 717-426-9977.



Apple Podcaster, Google Podcasts, Breaker, Pocket Casts, TuneIn, Stitcher, Deezer, Amazon Music and Spotify all carry this program.

CHECK OUT THESE GUESTS ON OUR PROGRAM.

CHAPLAIN MONA BEEDLE, CEO OF TRUCKING ANGELS FOR CHRIST*

DAVID WOLKOW, TRUCKERS FOR THE HOMELESS*

JON SLAUGHTER, HEALTHY TRUCKING OF AMERICA

Note: See separate articles on Chaplain Beedle and David Wolkow on pages 5 and 17.



Mona Beedle is a professional driver and the CEO of Trucking Angels for Christ, Inc. She is known in the trucking community as a prayer warrior, and someone who is loved by many. She spreads the gospel of Jesus Christ throughout shows, events and across the miles while she drives.

She was originally born in Florida but loves the state of Oklahoma where her roots run deep. She has been a driver for over 35 years, answering His call to evangelism when she was very young. She brings her faith to drivers who rarely get to attend local churches. In 2019, she, "realized there was a strong need, out here on the road, for something to fill that void we all

experience as truck drivers. Being away from your loved ones for a long time can be quite a lonely life, particularly for women (some are on their second chapter of life, meaning, we've raised our kids and now we're ready to put that energy toward the next big thing). I wanted to provide a ministry where women could confide in other women who could relate to the lifestyle of a driver, as well as receive encouragement and hope needed to make it through another day. It's important to have a strong support system, no matter what you're doing. Just knowing that you have somebody that cares and is only a phone call away can make a huge difference in someone's life. I know it has for me. That's why I make myself available for anyone who reaches out."

One of her favorite verses is Philippians 4:13, "I can do all things through Christ who strengthens me." She relies on that verse for direction and for encouragement. A non-profit organization, Trucking Angels for Christ has 5 active chaplains who serve with Ms. Beedle. Tuesday nights, at 7:00 pm EST, Mona hosts a conference line dedicated to praise and worship, fellowship, along with personal testimonies and/or teaching from guest hosts. Call 515-604-9945 using the access code 251694 to reach that line and listen in to the conversation.

Members are from all over the world in 17 countries. The same passion for her Jesus follows through to how she lives her life — activities like bungee jumping and riding motorcycles are part of her down time. Her current vehicle is a 2020 W900 Hawaiian blue Kenworth that she drives for Ray Lee Transport based out of Louisville, Kentucky. She travels best with her 4 dogs: Katie, Hope, Cry Baby and Trooper.



TruckStruck

By Lynn Bolster

A LO LOCO EN FLORIDA

En honor a la llegada de la primavera, hablemos de mi producto favorito que transportamos: ¡las sandías! La cosecha de melón comienza en abril en el sur de Florida. Escribo un relato de cómo es cargar en el campo, no en un almacén. Esta fue una entrada en un registro que guardé:

“Cargamos unos 21,000 kg de melones en Chiefland, Florida. Debido a que nuestra carga era una entrega nocturna, tuvimos que apresurarnos. Al menos la noche nos libró de molestias como el DOT y vehículos de cuatro ruedas. Luchamos contra el calor de 40°C. Cargamos en el campo, lleno de melones maduros y jugosos. Los trabajadores de campo estaban esparcidos por la zona de carga. Algunos jugaban a dados junto a los aseos portátiles mientras las mujeres se reunían en la hierba alta para preparar las brasas y las comidas que formarían la comida del mediodía. Los niños corrían descalzos, vestidos con ropa harapienta, jugando, dibujando en el suelo arenoso. Jugaron debajo de una carpa improvisada que mamá había creado con una cortina colocada precariamente en la parte trasera de su camioneta oxidada, lo que les permitía refugiarse del sol implacable. Eran las 9 am y ya marcaba 32°C, pero se sentía como más de 40°C con la humedad”.

Cargar melones suele ser un asunto familiar, ya que muchas granjas de sandías son generacionales. Transportar este producto es complicado porque es perecedero. Usábamos una plataforma con un kit lateral. Un kit lateral le permite configurar un remolque de plataforma como una caja grande con la parte superior abierta. Las estacas que tienen ranuras se colocan en bolsillos que corren por los lados del remolque. Luego se deslizan tableros de madera contrachapada en las ranuras que forman los lados. Se agregan arcos llamados lazos y una lona los cubre, encerrando la parte superior de su caja. Nunca íbamos con la lona sobre los melones ya que el calor sería demasiado intenso y posiblemente arruinaría la carga. Los melones se apilan a mano en capas con heno en el medio para amortiguar. Si el peso promedio de una sandía es de unos 10 kilos, esto significa que teníamos alrededor de 2300 melones a bordo.

Dado que Florida es famosa por las tormentas emergentes, es un desafío cargar antes de que llegue una, ya que a los agricultores no les gusta cargar melones bajo la lluvia. Una vez que se recogen y cargan los melones, la lluvia puede causar manchas y los melones

con manchas o imperfecciones pueden romperse y gotear dentro de las 24 horas posteriores a la cosecha. Esto podría resultar en que la carga sea “pateada” o rechazada por el cliente.

Éramos los siguientes en cargar en el campo y se estaba haciendo tarde. Las nubes comenzaron a formarse y supimos que se avecinaba una tormenta. El agricultor anunció que dejarían de trabajar por el día y que cargaríamos en la mañana, así que decidimos pasar la noche, ya que de todos modos teníamos que cargar por la mañana. ¡Afortunadamente, tuvimos muchos cacahuets, pasteles de Little Debbie y café para la cena! La tormenta vino y se fue mientras veíamos películas y comíamos nuestras delicias. La oscuridad se acercó cuando nos acostamos. Podía escuchar una variedad de extraños sonidos de animales, pero decidí que yo estaba aquí dentro y ellos estaban allí afuera y nunca los dos se encontrarían... HASTA... llegaron a ser alrededor de las 2 a. m. y llamé la Madre Naturaleza. Ahora, normalmente, simplemente saldría a algún lado, pero recordé el aseo portátil cercano. ¡Hay que ir de lujo mientras tengo la oportunidad! Con cautela salí del camión con mi linterna. Mientras esquivaba charcos, traté de ignorar los sonidos y olores a mi alrededor. El olor acre de una pila de melones podridos que se utilizarían como alimento para animales flotaba en el aire. Escuché un extraño sonido de gruñido y sorbos. ¡Estaba a punto de tener mi mano en la puerta cuando desde la oscuridad nocturna veía un jabalí que venía directamente hacia mí! Mi linterna se encontró con sus ojos y supe que yo estaba en apuros. Debe haber pensado que iba a invadir su merienda nocturna de melones podridos o tal vez me quería como merienda, ¡porque aquí vino y allá fui! Nunca corrí tan rápido como lo hice esa noche. ¿Cuántos de ustedes pueden decir que han ganado una carrera contra un jabalí en un campo de sandías? ¡Levanten las manos!

Luego, de vuelta a salvo en la camioneta, me senté con el corazón desbocado, pero aún tenía que usar el aseo. ¡Volví al aire libre sin perder el tiempo! Por suerte, mi amigo se había retirado para entonces. Encontrar un lugar seguro para usar el baño puede ser un verdadero desafío para las mujeres en la carretera. Nos reímos de eso y tenemos algunas buenas historias. Así que sé amable con tu copiloto si bebió demasiado café. Por cierto, es un hecho que los jabalíes son un gran problema en Florida, así que si planeas cargar melones, ¡olvídate de las botas y trae tus zapatos para correr!

TruckStruck



By Lynn Bolster

HOG WILD IN FLORIDA

In honor of spring's arrival, let's talk about my favorite commodity that my husband and I hauled – watermelons! Melon harvesting begins in April in south Florida. Here is a picture of what it is like to load in the field, not in a warehouse. This was an entry in a log I kept:

"We loaded 47,000 lbs. of melons in Chiefland, Florida. Because our load was an overnight delivery we had to hustle. At least the night guaranteed us freedom from hassles like DOT and four-wheelers. We battled the 103 degree heat. We loaded in the field, rich with ripe, juicy melons. Field workers were scattered about the loading site. Some rolled dice next to the porta-john while the women gathered off into the tall grasses to prepare the coals and eats that would constitute noon supper. Kids scampered about barefoot, wearing ragged clothing, playing games, drawing in the sandy soil. They played under a make-shift tent Mama had created out of a curtain draped precariously in the rear of their rusted pick-up truck, allowing a retreat from the relentless sun. It was 9 am and already 90 degree, but felt like 110 degree with the humidity."

Loading melons is usually a family affair as many watermelon farms are generational. Hauling produce is tricky because it is perishable. We ran a flatbed with a side kit. A side kit allows you to set up a flatbed trailer like a big box with an open top. Stakes which have grooves in them are put in pockets running down the sides of the trailer. Then plywood boards are slid into the grooves making sides. Arches called bows are added and a tarp covers them, enclosing the top of your box. We never ran with the tarp on melons as the heat would be too intense and possibly ruin the load. Melons are stacked by hand in layers with hay in between for cushioning. If the average weight of a watermelon is about 20 lbs, this means we had about 2,300 melons on board.

Since Florida is famous for pop up storms, it is a challenge getting loaded before one comes since farmers don't like to load melons in the rain. Once melons are picked and loaded, the rain can cause spotting and melons with spots or blemishes can break open and leak within 24 hours of harvesting. This could

result in the load being 'kicked' or rejected by the customer.

We were next to load in the field and it was getting late in the day. Clouds started forming and we knew a storm was a-brewin'. The farmer announced they were quitting for the day and we would load in the morning so we decided to spend the night since we had to load in the morning anyway. Luckily we had plenty of Little Debbie snacks, peanuts and coffee for dinner! The storm came and went while we watched movies and ate our goodies. Darkness closed in as we bedded down. I could hear all a number of strange animal sounds but decided I was in here and they were out there and never the twain shall meet...UNTIL...it came to be about 2 am and Mother Nature called. Now, normally, I would just go outside somewhere but I remembered the porta-john nearby. Might as well go in luxury while I have the chance! I gingerly exited the truck with my flashlight. As I dodged puddles I tried to ignore the sounds and smells around me. The pungent odor of a pile of rotting melons to be used for animal feed wafted in the air. I heard an odd grunting, slurping sound. I just about had my hand on the door when out of the night sky I spied a wild boar coming right for me! My flashlight met his eyes and I knew I was a goner. He must have thought I was going to invade his late night snack of rotten melons or maybe he wanted me for a snack, because here he came and there I went! I never ran as fast as I did that night. How many of you can say you out ran a wild boar in a watermelon field – show of hands!

Now safely back in the truck, I sat with my pounding heart but I still had to go. It was back to the great outdoors for me with no dilly-dallying! Luckily my buddy had retreated by then.

Finding a safe place to use the bathroom can be a real challenge for women on the road. We laugh about it and have some good stories. So be kind to your co-driver if she drank too much coffee. By the way, it's a fact that wild boars are a big problem in Florida so if you plan to load melons, skip the boots and bring your running shoes!

TFC GLOBAL: UPCOMING EVENTS

MAY 10 TO 13...CHAPLAINCY TRAINING INSTITUTE FOR NEW CHAPLAINS

MAY 21...LANCASTER PRAYER BREAKFAST, NEW HOLLAND, PENNSYLVANIA

MAY 21...SUSQUEHANNA PRAYER BREAKFAST, FIRST BAPTIST CHURCH, SUNBURY, PA

MAY 21...TRUCKERSLIFE FOUNDATION GOLF BENEFIT, MOUNT JOY, PENNSYLVANIA

MAY 30...MARIETTA MEMORIAL DAY PARADE, MARIETTA, PENNSYLVANIA

FOR MORE INFORMATION ON ANY OF THESE EVENTS, EMAIL INFO@TFCGLOBAL.ORG OR CALL 717 426 9977.



TFC GLOBAL PROJECTS YOU CAN SUPPORT!

Thanks for responding to, "Who's Got Next?" The Spanish New Testaments and gospel of John books are ordered and in process. You guys are awesome!

There are several ways that you can support our ministry to the trucking community! What project will you take on next?

1. Highway magazines for our staff to distribute: Cost for 1 month is \$2000: provide a financial boost to our chaplains by paying for all or part of this cost.
2. Equip our existing trailers with furniture (table and arm chairs): Cost for 1 trailer is \$600: provide an update to be used for Bible studies and community activities
3. Candidate's portion of the Chaplaincy Training Institute: Cost for 1 person is \$200.

BATTER UP!



REGISTER NOW!

TRUCKERSLIFE FOUNDATION GOLF BENEFIT

- WHEN:** May 21, 2022, Shotgun Start: 8:00 AM
Registration: 6:30-7:30 AM
- WHERE:** Highlands of Donegal, 650 Pinkerton Rd, Mount Joy, PA 17552
- COST:** \$100 Per Golfer
- FORMAT:** 4-Person Scramble
- INCLUDES:** Range Balls, Scoring via Event App, Live Digital Leaderboard,
Pulled Pork Lunch, Various Hole Competitions, Swag Bag

TFC Global's TruckersLife Foundation is a non-profit ministry to the trucking community that provides financial, physical and spiritual help to those who encounter an unexpected need. To register for the benefit or sponsor the event, scan the QR code.



For more information,
contact the TFC Global office at
info@TFCGlobal.org or
call 717-426-9977.



COMMON TRUCKING COMMUNITY ISSUES





OUR SOLUTIONS

OUR CHAPLAINS PROVIDE:

- Locations Staffed by Highly Trained Compassionate Chaplains
- Bible-Based Discipleship Resources
- Celebrate Recovery's Addiction Support Meetings
- Crisis and Emergency Care
- Gateway to Freedom Foundation's Sexual Behavior Help
- Regional Local Church Partnerships
- TruckersLife Foundation for Urgent Driver and Family Needs

TFCGLOBAL.ORG



JOIN ICTA: BECOME PART OF A COMMUNITY THAT LOVES THE LORD AND SUPPORTS EACH OTHER.

TFC Global has become increasingly aware that our brothers and sisters in Christ who are commercial drivers and those who are part of the trucking industry, along with their families, have a strong need and desire to build biblical community among their peers. Although TFC Global has also done a fairly good job at providing scriptural engagement, we want to do a better job at providing biblical community for the trucking industry. Nowadays, it's not unusual for new drivers that work for the same company to not ever speak to any other drivers at the company. There's often no sense of brotherhood whatsoever. This is true of both the saved and unsaved driver. The bottom line? Sadly, this fast-paced society of ours, and in turn the trucking business, has less space for the old style professional driver. There's no time for a friendly smile, helping a fellow trucker or motorist in need. It's a thing of the past. They are a dying breed, almost non-existent. The International Christian Trucking Association (ICTA) wants to change this. One of the big objectives of the ICTA is to change the image the world has of the professional drivers on the road and the trucking industry as a whole. We want to bring back the sense of brotherhood among the Christian drivers. If the image of today's professional drivers is going to change, it needs to begin with the Christian professional driver and those Christian company owners who can reflect the love of Jesus Christ through their relationships with each other in biblical community and to the world in the way we corporately come together to battle the issues of human trafficking, chemical and physical addiction, depression, as well as divorce and marriage issues.

In light of these facts, we have taken a page out of our past and created the International Christian Trucking Association. This group has been created to provide a way for those in the trucking industry and their families to know Christ and grow in their Christian life through discipleship opportunities, educational resources. Fellowship and Bible study meetings will be provided through regional groups and at monthly ICTA prayer breakfasts held at various locations around the country. We would like to plan a members-only job fair near our headquarters in Pennsylvania sometime in the future. This will allow us to connect Christian drivers with Christian trucking companies. Our desire is to connect commercial drivers, retired professional drivers, trucking company owners, and other Christian trucking-related individuals in supporting and encouraging one another. I once had a commercial driver tell me that he did not go to college so the trucking community was his fraternity. If there is going to be a movement of God in the trucking industry, it will begin with the Christian drivers and owners coming together to pray for this industry.

For more information on membership, visit our website at www.TFCGlobal.org and click on the ICTA section of the home page. Scan the QR code to give a financial gift in support of the ICTA and its mission.

WON'T YOU CONSIDER JOINING US AT THE ICTA AS WE SEEK TO CHANGE THE TRUCKING INDUSTRY AND THE WORLD'S VIEW OF IT.





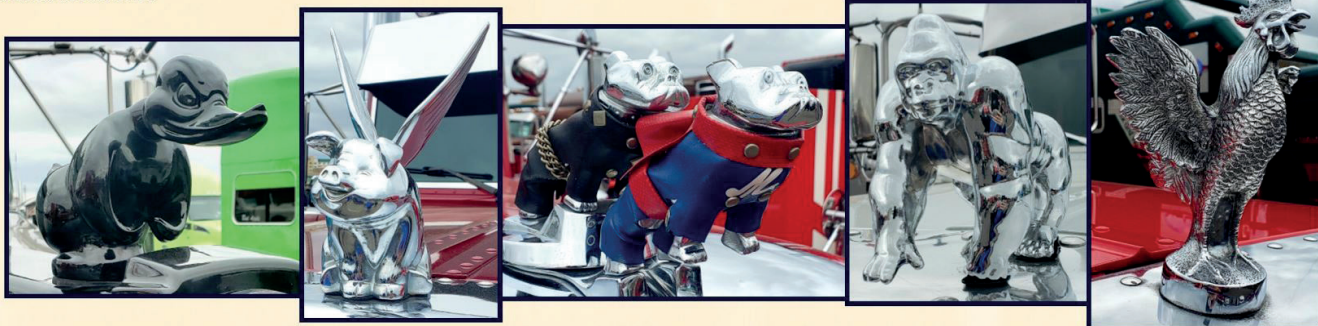
The TFC Global team headed to the Mid-Atlantic Truck Show (MATS) starting on Sunday, March 20, with Craig and Joanna Maart towing the show trailer. We had to be ready early on Tuesday morning to get trailer into the expo center room. Ron (Deb) and Shane (Dawn) followed us to Kentucky on Monday to get settled for our week. After getting into the building, the trailer had to be wiped down to get off the road dirt and get on the show sparkle. Everyone pitched in.

Wednesday was spent getting final details ready for the show. Thursday morning gave time to V.I.P.s who were invited by companies to get early entrance. Thursday afternoon, the show was open to the public. The team took turns manning the booth and walking around to see the show. We got a shot in the arm with support from Ken (Patti), our chaplain from Indianapolis. We greeted old friends and made new contacts with



other faith-based organizations. We answered questions and handed out a lot of information. We pray that the seeds He planted through us will grow fruit and cause those seeking Him to reach out in some way.

We are so thankful for the support of our ministry through prayers and financial partnership. Having a booth in this area of the show gave us increased exposure, and God is continuing to guide our steps. Check out some of the show truck hood ornaments we thought we quite humorous.



The Hard Truth: People Vote with their Dollars

The hard truth about sex trafficking is that people vote for what they want more of.

I have a confession to make that I wonder if you can relate to. I don't like fundraising. It's by far one of my least favorite things to do. As the director of the Gateway to Freedom Foundation I'd much rather focus my time and energy on developing and implementing the mission. The mission is what drives me. Not fundraising.

On the other hand I love supporting causes that I care about. It brings me joy to support organizations and agencies that I believe in. My father-in-law would often say, "you vote with your dollars what you want more of." That resonates with me and helps me think differently about fundraising.

People Vote With Their Dollars What They Want More Of.

When looking at the issue of sex trafficking in America, it's sustained by just 6.2% of men who pay for prostitution on a regular basis. Astoundingly, this small percentage of men make up 75% of the 5.7 billion dollar market. These men vote with their dollars what they want more of.

Driven By Mission. Sustained By Partners.

So the question is, "what do you want more of?" If the answer is organizations working tirelessly to combat sex trafficking, then partner with Gateway to Freedom Foundation. We are driven by our mission to reduce and end the demand for consumer sex, in order to end sex trafficking. We are looking for people to partner with us and help sustain the work. Your support matters.

If it takes just 6.2% of men in America to financially sustain sex trafficking, imagine what can happen when the rest of the population starts voting with their dollars what they want more of.

To learn more about the Gateway to Freedom Foundation and how to partner with us please visit Gatewayff.org or contact us at gateway@tfcglobal.org.

**VOTE WITH YOUR
DOLLARS**

Derek Thompson is an ordained pastor and the Director of the Gateway to Freedom Foundation. Derek has dedicated his professional career to combatting human trafficking. His greatest joy is being a husband and father of four daughters.



WALKING IN HEAVEN WHILE DRIVING ON EARTH

BY CHRISTOPHER L. SCOTT

Physicists from Purdue University, Stanford and the University of California Santa Barbara are trying to put one object in two places at the same time. This is called “quantum entanglement” and consists of heating and cooling a tiny piece of matter to extreme levels and measuring it to see if a distance is created between the piece of matter. Einstein said it wasn’t possible, yet these researchers believe they can do it. Christians are already in two places at once. Christians alive on Earth are citizens of Heaven (spiritually) and on Earth (physically). Paul tells us that “we are citizens of Heaven” (Philippians 3:20, NLT). We are in two places at once. How do we live as citizens of both Heaven and Earth? In Paul’s letter to the Philippians, he tells them, “Above all, you must live as citizens of Heaven, conducting yourselves in a manner worthy of the good news about Christ” (Philippians 1:27). He gives us three ways to live as citizens of Heaven while on Earth. The first one we don’t expect to experience as Christians: suffering.

SUFFER TOGETHER

Paul tells us, “Don’t be intimidated in any way by your enemies” (Philippians 1:28). A true Christian has many enemies. In Paul’s time, they were non-Jewish non-Christians. These godless people had no interest in learning about God. In Heaven, there are no enemies, but on Earth, the world, its values and its people are enemies. Why? Everything they stand for is contrary to God. Think about it. Earth is about power, and Heaven is about peace. Earth is about freedom, and Heaven is about fellowship. Earth is about resources, and Heaven is about relationship. Those enemies—people of the Earth—will cause suffering in our lives.

Paul continues, “For you have been given the privilege of trusting in Christ but also the privilege of suffering for Him” (Philippians 1:29). In one of his commentaries on the Bible, Warren Wiersbe writes, “For some reason, many new believers have the idea that trusting Christ means the end of their battles. In reality, it means the beginning of new battles.” One of those new battles is suffering.

We live as a citizen of Heaven by suffering together. While suffering focuses on us and what we experience, the next way to live as citizens of Heaven focuses on others.

SERVE OTHERS

The second way that we live as citizens of Heaven is to serve others. Paul writes, “Make me truly happy by agreeing wholeheartedly with each other, loving one another” (Philippians 2:2). How many broken relationships could be reconciled, families restored, workplaces made supportive, and friendships made stronger if selfless love was actually the norm?

Paul explains, “Don’t look out only for your own interests, but take an interest in others, too” (Philippians 2:4). In college, I lived in a two-bedroom apartment with a roommate. I couldn’t help but hear the arguments between my roommate and his girlfriend. She would storm out of our apartment mad. When he emerged from his room, he’d say, “Christopher, she wants me to But I’m not gonna do it, you know why? Because you have to look out for #1. I’ve got to do what’s best for me.” That relationship didn’t last long.

As a Christian, we too have to look out for #1. But when you are a Christian, #1 is others, not yourself. And focusing on others requires sacrifice.

SACRIFICE YOURSELF FOR OTHERS

Next, Paul says that we “must have the same attitude that Christ Jesus had” (Philippians 2:5). He explains that Christ “gave up His divine privileges and took the humble position of a slave” (Philippians 2:7). Jesus was fully God and fully man, but He didn’t cling to His divine privileges. He didn’t use His position as God to escape death. In this way, Jesus “humbled Himself in obedience to God and died a criminal’s death on a cross” (Philippians 2:8). He didn’t have to die. But He sacrificed Himself for others in a physically painful and emotionally humiliating death. When we mention the word “sacrifice,” we think of excruciating physical pain, but sacrifice often isn’t that severe. When we sacrifice ourselves for others, someone might verbally attack us in anger, but we don’t fight back. For the sake of avoiding a conflict, we might let another person think he or she is right when we know he or she is wrong. These are small sacrifices that we can do for others. What a privilege it is to be a citizen of Heaven, but also a challenge to still be on Earth. We must suffer together, serve others, and sacrifice for others. I’m grateful Paul tells us how to be in two places at once.

Christopher L. Scott serves as senior pastor at Lakeview Missionary Church in Moses Lake, WA along I-90. ChristopherLynnScott@gmail.com.



The long miles of I-94 in North Dakota have come to an end. As the tires roll over the border into Montana, it does not matter if you're driving a snub nose red Freightliner or a long nose orange Peterbilt. The scenery of the far valleys, the warm flowing rivers and the high mountains so far away seems to touch the sky. With each passing mile the sun beats down and every downshift of the gears seems to slow.

The moaning of the tires become louder as the semi rolls down the hill at the junction of I-90 and I-94. In front of you is Billings, Montana. As the engine brakes are turned on the semi begins to slow down and at the end of the city limits is the scale house. Once you've rolled through the scale house, there to the north sits the Burlington Northern Santa Fe railyard.

To the left of the steel yellow crane, many different freight cars can be seen from boxcars to tanker cars. If you look closer there's an old dirty GP-38 diesel locomotive wearing the black and blue colors for Montana Rail Link. While rounding the corner there, out on the tracks, is a FP-38 locomotive in the faded black and green. The words Burlington Northern has almost faded away.

After hammering down on the pedal and up shifting, it's not long before the railroad tracks are on the south side of the interstate. At times they disappear, but it's not long before the railroad tracks can be seen again coming through a mountain side.

While watching the train head east, dirty freight cards, some filled with graffiti can be seen in the driver's side mirror. The long miles continue to roll by. Once you come to the city of Missoula the speed limit drops. There on the south side of the interstate is a Montana Rail Link depot.

There on the turntable is a dirty faded blue GP-38 diesel locomotive. Further on down the rails is another GP-38 diesel locomotive. With a pedal to the floor the turbo on the semi takes in more air. The last gear is taken and the tires on the faded black top begin to whine. The miles continue on into Montana's stormy night...

"For ever since the world was created, people have seen the earth and sky. Through everything God made, they can clearly see his invisible qualities—his eternal power and divine nature. So they have no excuse for not knowing God." Romans 1:20

At TFC Global, we are blessed to minister to people outside of the trucking community through our magazine, the Highway News. The author of the writing above is one such person. He is currently incarcerated in Wisconsin. A professional driver is always fighting the demons of isolation and loneliness, but more so, this battle is fought when life choices have put them outside of their truck and into a building for a period of time. Pray with us for this author who strongly desires to make use of his time to communicate through writing.



THE HOMELESS ARE HERE IF YOU CHOOSE TO LOOK.



Truckers for the Homeless is a Christian non-profit organization that travels around the United States feeding anyone who is hungry. David Wolkow and his wife, Darlene are the founders of the ministry. David traveled state to state as a trucker and would observe folks living on the side of the road or in horrible conditions. He wanted to do something about it. At first, he would stop and offer food when he could, but he wanted to do more. The mission for Truckers for the Homeless is to provide the destitute with food and essentials. They started venturing out by getting all the supplies needed plus food from towns that they were stopped at and then handing those items out to the people who needed them.

David says in larger cities there are soup kitchens and missions to provide resources like this, but in the more rural parts of the country there might not be a store for miles. Yet, there are people who need the supplies in those towns. The misconception with homelessness is that this population is just men or drug addicts. However, women are often without homes because they left a dangerous or abusive relationship, having only the clothes on their backs.

One story David shares is from a trip he made to New Mexico. A man had a sign reading, "I know I'm dirty...I know I'm homeless...but, I am still hungry." David went to a nearby truck stop to buy the man something to eat, taking the meal, along with a gospel tract, back to him. As David drove away, he saw the man reading the tract from his mirror. That touched his heart and created the desire and calling to start Truckers for the Homeless.

Every two weeks, David and his team feed over 100 people in Kentucky. As the people are fed physically, they are also fed spiritually and given donated clothes and other items. He partners with churches in these locations. He also looks for opportunities to receive donations of food and supplies from any company who will provide them.

For more information, visit their website at TruckersfortheHomeless.org.

DOPAMINE DETOX — PART 3

By Brad Huddleston

GUIDANCE IS SCARCE

While not impossible, getting help with digital and video game addiction in the US can be frustrating. One reason is because of the handbook that is used to diagnose mental disorders, which is called the Diagnostic and Statistical Manual of Mental Disorders (DSM-5). A better understanding of what the DSM-5 is will prove helpful in understanding the dilemma. The American Psychiatric Association describes the manual this way: The Diagnostic and Statistical Manual of Mental Disorders (DSM) is the handbook used by health care professionals in the United States and much of the world as the authoritative guide to the diagnosis of mental disorders. DSM contains descriptions, symptoms, and other criteria for diagnosing mental disorders. It provides a common language for clinicians to communicate about their patients and establishes consistent and reliable diagnoses that can be used in the research of mental disorders. It also provides a common language for researchers to study the criteria for potential future revisions and to aid in the development of medications and other interventions.

Regarding addiction to digital devices, an article in Psychology Today titled Internet Gaming Disorder in DSM-V described the current status: Internet Gaming Disorder is a “Condition for Further Study” in the DSM-5 (APA 2013). This means that it is not an “official” disorder in the DSM, but one on which the American Psychiatric Association request additional research. Upon further research, the APA may or may not decide to make the disorder “official” in future editions of the DSM.

The US lags behind numerous other countries that officially recognize addiction to technology as a legitimate disorder. Why? Insurance coverage. Treatment centers in the US can’t bill health insurance companies for treatment because the DSM-5 does not recognize Internet addiction as a mental disorder. Countries that do officially recognize addiction to technology as a disorder include Japan, South Korea, China, India, Italy, Taiwan, and Australia. While the DSM-V does not officially recognize video game addiction, the World Health Organization (WHO) does. “Gaming disorder” was added to the International Statistical Classification of Diseases and Related Health Problems (ICD-11), which went into effect in January 2022.

In March 2022, the Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition, Text Revision (DSM-5-TR), will be released. As of this writing, I could not find any information regarding a possible revision of the Internet gaming addiction status. However, what did catch my attention is the updated version includes the “addition of International Classification of Diseases, Tenth Revision, Clinical Modification (ICD-10-CM) symptom codes for suicidal behavior and nonsuicidal self-injury...” Social Psychologist Dr. Jonathan Haidt, of the NYU Stern School of Business, was featured on the documentary, The Social Dilemma, and said the following:

There has been a gigantic increase in depression and anxiety for American teenagers which began right around...between 2011 and 2013. The number of teenage girls out of 100,000 in this country who were admitted to a hospital every year because they cut themselves or otherwise harmed themselves, that number was pretty stable until around 2010, 2011, and then it begins going way up. It’s up 62 percent for older teen girls. It’s up 189 percent for the preteen girls. That’s nearly triple. Even more horrifying, we see the same pattern with suicide. The older teen girls, 15 to 19 years old, they’re up 70 percent, compared to the first decade of this century. The preteen girls, who have very low rates to begin with, they are up 151 percent. And that pattern points to social media.

I highly recommend that you watch The Social Dilemma at least twice. This film is rated PG-13, so some elements may not be appropriate for children under age 13. While I appreciate and support the doctors, counselors, psychologists, etc., who are working on the digital addiction dilemma, my trust is primarily in the Lord. He is the One Who ultimately leads us into freedom and healing.

Jesus looked at them and said, “With man this is impossible, but with God all things are possible.” Matthew 19:26 (NIV)

Memorials & Honorariums

IN MEMORY OF RANDY SHAWBACK FROM HIS FRIENDS, MR & MRS DAVID A. DIEBEL

IN MEMORY OF HOMER GEIB FROM MR LARRY MARTIN

IN HONOR OF CHAPLAIN DAVID NISPEL FROM HIS CHRISTIAN BROTHER, CHARLES CRUCIATA



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Footnotes from Dopamine Detox -- Part 3

* "DSM-5: Frequently Asked Questions." DSM-5 FAQ. American Psychiatric Association. Accessed March 9, 2022. <https://www.psychiatry.org/psychiatrists/practice/dsm/feedback-and-questions/frequently-asked-questions>.

* Sarkis, Stephanie A. "Internet Gaming Disorder in DSM-5 | Psychology Today." Internet Gaming Disorder in DSM-5. Psychology Today, July 18, 2014. <https://www.psychologytoday.com/us/blog/here-there-and-everywhere/201407/internet-gaming-disorder-in-dsm-5>.

* Booth, Barbara. "Internet Addiction Is Sweeping America, Affecting Millions." CNBC. CNBC, August 29, 2017. <https://www.cnbc.com/2017/08/29/us-addresses-internet-addiction-with-funded-research.html>.

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* Snider, Mike. "Video Game Addiction Is Officially Considered a Mental Disorder, Who Says." USA Today. Gannett Satellite Information Network, August 8, 2019. <https://www.usatoday.com/story/tech/news/2019/05/28/who-officially-classifies-video-game-addiction-mental-disorder/1256352001/>.

* "Diagnostic and Statistical Manual of Mental Disorders (DSM-5)." Diagnostic and Statistical Manual of Mental Disorders (DSM-5). American Psychiatric Association. Accessed March 9, 2022. <https://www.psychiatry.org/psychiatrists/practice/dsm>.

* Ibid.

* The Social Dilemma. Watch The Social Dilemma | Netflix Official Site, 2020. <https://www.netflix.com/title/81254224>.



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**Visit our website for contact information.*

If you were to die today, where would you spend eternity? You can know for sure.

- A. Admit you are a sinner. *"For all have sinned and fall short of the glory of God" (Romans 3:23).*
- B. Believe in Jesus for the forgiveness of your sins and for eternal life. *"For God so loved the world, that He gave His only Son, that whoever believes in Him should not perish, but have eternal life" (John 3:16).*
- C. Confess Jesus as your Savior and Lord, and turn from your sins. *"if you confess with your mouth that Jesus is Lord, and believe in your heart that God raised Him from the dead, you will be saved" (Romans 10:9).*

To give your life to Christ, pray the prayer below.

"Lord Jesus, I know that I'm a sinner. I believe that You died on the cross and shed Your blood to pay the penalty for my sins. Please forgive me and come into my life. You are my Savior and Lord."

We would love to hear about your salvation. Email TFC Global at info@TFCGlobal.org or call 717-426-9977. Resources will be sent to help you grow in your faith.