



# HIGHWAY NEWS



**TFC GLOBAL**

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**June 2022**

## A WORD FROM OUR PRESIDENT

### GOD OF MIRACLES

According the standards of this world you may think you have "everything". However, know this, if you are not living the way GOD wants you to live, your "everything" is much of "nothing"!

The Bible tells us in Proverbs 14:12 NKJV that "There is a way which seemeth right unto a man, but the end thereof are the ways of death." Point being that if you have gone in the way that seemed right to you the end of it is destruction!

However, all is not lost. The Bible also says that if you return to GOD today, He will refresh you, and you'll find "everything" you really need in Him! In Isaiah 44:22 we are told "I have swept away your offenses like a cloud, your sins like the morning mist. Return to Me, for I have redeemed you."

So here is a warning for us all. Don't play hide-n-go-seek with Him any longer. Return to the LORD! He is gracious and compassionate, slow to anger and abounding in love. He forgives all our sins and remembers them no more. He wants you to return to Him so that He can bless you!

Psalms 34:4 tells us, "I sought the LORD, and HE heard me, and delivered me from all my fears."

A friend of mine recently stated, speaking of this world today, "In the last few months I feel as if we are all on a ship of fools, and no one is at the helm."

There's a lot of truth in that; the reality of life today is that we need GOD now more than ever! If you don't know Jesus Christ as your personal Savior, then call on Him today. Know this, no matter how many steps you've taken away from Him, it only takes one step to get in a right relationship with Him! The Bible tells us that everyone is born into a sin nature. As a result, the Bible tells us that we are sinners; "for all have sinned and fall short of the glory of God" (Romans 3:23). In Isaiah 64:6 it says "All of us have become like one who is unclean, and all our righteous acts are like filthy rags." Jesus was the only one born without sin. He came to earth as fully God and fully man to sacrifice Himself in order to bring atonement for our sins and redeem us! In this we know, that our sins are forgiven, and we have Salvation in Jesus Christ.







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## *Highway News Magazine*

Volume 68 Number 6  
June 2022

Highway News (ISSN1077-0267) is  
published monthly by TFC Global

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or TFC Global

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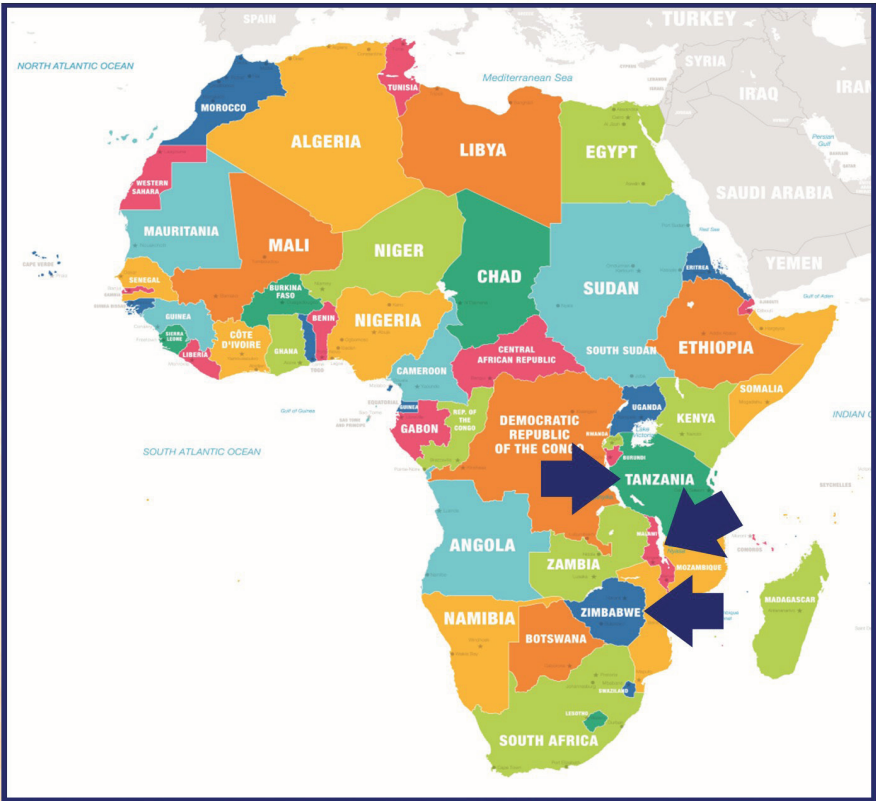


# MEET NEW INTERNATIONAL MINISTRIES AFFILIATES

TFC Global's International Ministries reach outside of the United States and into the greater world. This arm of our ministry partners with local NGOs (non-government organizations) and churches in order to legally establish ministry within a country. As affiliates, these organizations work under the guidelines of their country and local government while reaping the benefit of the resources and other tools TFC Global has to offer. It's a great way to reach the trucking industry across the seas and meet fantastic local leaders who can teach us about international ministry. You can support these organizations outlined on the next page by sending gifts to TFC Global. We allocate those funds specifically to these partners and send monthly wires from our bank to theirs in the amount of the donated funds. To support International Ministries, go to [TFCGlobal.org/give](https://TFCGlobal.org/give) and choose the International Ministries option.

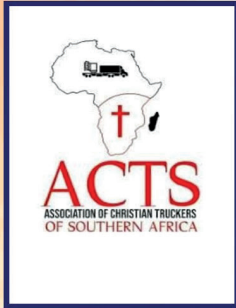
Check out the map of Africa below for the countries of Tanzania (Norbert & Friends) and Zimbabwe (Association of Christian Truckers of Southern Africa). We also have a new opportunity that we are working on with an organization in Malawi. It's amazing how the Lord has brought these people and TFC Global together to do ministry.

You will find ministry news from these affiliates in the magazine. We can't wait to celebrate new believers and Kingdom growth.





# TWO AFFILIATES FOR TFC GLOBAL



Brian Teputepu and his wife Leonie lead an organization called the Association of Christian Truckers of Southern Africa. With a group of trustees, the ministry works to do outreaches in truck stops and reach drivers while they are on the road. With some basic training, volunteers share the message of Jesus Christ and how to grow in their faith to drivers that they meet while they are employed to deliver loads of goods to cities across Southern Africa. The ministry's goal is to gain support from local churches and foster partnerships to have chapels in major meeting places for the trucking industry in and around



Zimbabwe. Chaplains will be trained in chaplaincy care to provide a ministry of presence for the trucking community. The Highway News magazine will be one tool that will be used to reach out to drivers. One of Brian's desires is to purchase a trailer that can be set up like a chapel inside. The cost for the trailer is \$2,000 and the cost for the renovation is \$2,000. If God lays this project on your heart, contact us for more information. Give using the information on the previous page.



Norbert and Friends Mission, led by Dr. Norbert Mbwiliza and his wife, Christina are located in Tanzania, Africa. Their goal as an organization is to help the vulnerable populations by partnering with people who want to obey the Great Commission in Matthew 28. Dr. Norbert has several projects that send Bibles and resources into the hands of the trucking industry in and around Tanzania. Several men work in difficult

conditions to spread the gospel of Jesus Christ at truck stations to drivers in the Singida Province at IKUNGI. Other projects include training in church leadership and small business as well as distributing medical

supplies into urban areas. The mission organizes trips to volunteer in Tanzania with many options for service to this community. For more information, contact Dr. Norbert at [NorbertProjects@gmail.com](mailto:NorbertProjects@gmail.com). You can download their application at [norbertprojects.wixsite.com](http://norbertprojects.wixsite.com). The photo to the left is a solar suitcase distribution that allows people at medical clinics to have some basic utilities powered by the



sun. The photo to the right is Dr. Norbert and his wife. Please pray with us as we partner together to bring the hope of the gospel to the lives of the African people that come in contact with Norbert and Friends Missions' many projects.





# TFC GLOBAL PROJECTS YOU CAN SUPPORT!

*There are several ways that you can support our ministry to the trucking community! What project will you take on next?*

1. Highway magazines for our staff to distribute: Cost for 1 month is \$2000: provide a financial boost to our chaplains by paying for all or part of this cost.
2. Equip our existing trailers with furniture (table and arm chairs): Cost for 1 trailer is \$600: provide an update to be used for Bible studies and community activities
3. Candidate's portion of the Chaplaincy Training Institute: Cost for 1 person is \$200.
4. Trailer for our Affiliate in Zimbabwe to use as a chapel for drivers: Cost for purchase is \$2,000; Cost for renovation is \$2,000.



## BATTER UP!

### TFC GLOBAL: UPCOMING EVENTS

JUNE 4...PANCAKE BREAKFAST HOSTED BY BUCKS MONT CHAPTER, KULPSVILLE, PA

JUNE 18...SUSQUEHANNA PRAYER BREAKFAST, FIRST BAPTIST CHURCH, SUNBURY, PA

JULY 8 TO 9...KEYSTONE DIESEL NATIONALS, LEBANON, PA

*FOR MORE INFORMATION ON ANY OF THESE EVENTS, EMAIL INFO@TFCGLOBAL.ORG OR CALL 717 426 9977.*



# JL Gate Co.

While TFC Global was at MATS, we got to explore the show trucks in the parking lot of the Expo Center. Those trucks were amazing and showed so much attention to detail. One of those trucks was owned by Jason Akers, President and CEO of JL Gate Company from Greensburg, Kentucky. He and his family were sitting by his truck when Craig and I ventured along. We saw the back of the tractor first which says, Earned Not Given. That struck a cord with me that this man was no stranger to hard work. While I danced with Jason's little girl, Craig took some photos of the truck's interior and exterior.



JL Gate was started in 2011 as an "extra money" thing. Jason and his wife would finish their day jobs and travel from farm to farm asking if they could use any gates or panels for their operation. Although they both had public jobs working in this environment of manufacturing farm gates, this "beating the pavement" approach that started in an old truck and a car seat between them for their daughter, Kylee (now 14), grew the business year after year. Once they had enough customers buying their product, they were able to quit those jobs and support their family with their own business. In 2016, they also brought the manufacturing of the gates and panels to their current location in Greensburg.

What makes them unique is the family ownership and the manufacturing that is not out-sourced. With 40 employees to manage, Jason and his wife still run most of the daily operations of the business. Laura also homeschools their children, Kylee and 4-year-old Jayla. The girls and Kason, their 3 month old boy, keep them hopping. Doctors had told them that Kylee would be their first and last child, but God had other ideas. Jason says, "With God all things are possible." when sharing this part of their story. He also credits God with supplying their needs financially even when competitors are running a little slow in their businesses.

When asked what the biggest need for professional drivers today would be, he shared about less laws and rules that keep money out of the pockets of hard-working Americans.

As mentioned earlier, the saying on the back of his truck, is special to him. "Earned Not Given" stands for the years of hard work, time and dedication that he and Laura put in to get where they are today — one step at a time.



His faith influences how he runs his company by putting God first, staying humble and believing in God and His ways all the time. It doesn't matter if sales are up or down or comments about the company are positive or negative, God never changes.

It was a pleasure to meet Jason and his beautiful family. We are honored to have his truck on our cover this month. Here are some other photos of his awesome orange beast!





# TruckStruck

By Lynn Bolster

## NUNCA SUBESTIMES EL PODER DE UN NEUMÁTICO

Una de las primeras cosas a las que tuve que acostumbrarme en el transporte por carretera fue lo grande, ruidoso y sucio que era todo, ¡incluidas algunas personas! Transportar camiones no es el trabajo más limpio o silencioso, pero ¿qué esperas cuando juegas en el tráfico todo el día? El camión en sí es súper grande, pero las ruedas tienen la mitad de mi altura. Junto al motor, son el elemento más crítico del camión; quiere decir, sin ellos, ¡nadie va a ninguna parte!

Para demostrar cuán impredecibles pueden ser los neumáticos, aquí tienes algunos ejemplos.

Mientras estaba sentado en una gasolinera un día caluroso, un camión se detuvo para repostar. Observé un cubo de basura, decorado con piedras, cerca de la puerta en la que el conductor acababa de entrar cuando fue a pagar. En unos momentos escuché un enorme ¡BOOM! – sonó como si se hubiera disparado un cañón. Luego, ese bote de basura, con piedras como metralla adicional, voló en pedazos por la explosión de un neumático. ¿Qué pasaría si alguien estuviera parado allí en ese momento?

Con 18 neumáticos de camión inflados a más de 100 psi, recuerde que cuando pase un camión grande, hágalo lo más rápido posible en el caso de que uno pueda explotar. Los recauchutados (a veces llamados “cocodrilos”) que se han volado, pueden ser igualmente peligrosos esparcidos por toda la carretera.

Los neumáticos también pueden matar de otras maneras extrañas. Cuando trabajé en la administración de paradas de camiones en Maryland, siempre nos enfrentábamos al comercio sexual, ya fuera una ‘compañía comercial’ local, redes de tráfico sexual o las llamados ‘lagartos’. Un viernes por la noche después de una reunión de personal en el quinto piso del hotel de nuestra parada de camiones, miré por la ventana mientras recogía mis materiales. Vi dos Cadillac grandes entrar y detenerse. Cuando las puertas se abrieron, unas diez mujeres salieron y se dispersaron entre los camiones en un lote que estacionaba 500 semirremolques. Más tarde me enteré de que esto era una red de sexo que dejaba a sus “empleadas” para las escapadas de los viernes por la noche.

Avance rápido hasta el lunes por la mañana en el trabajo y todo estaba revuelto. Los agentes de seguridad nos dio una llamada de

socorro desde la zona de aparcar: sangre por todas partes debido a una pelea que comenzó entre un ‘cliente’ y una ‘comerciante’. El conductor no quiso pagar y el ‘jefe’ de traficantes llegó a la escena para sacarle el dinero debido. Después de que él y el conductor se pelearon un poco, el conductor subió a su cabina y procedió a salir del lugar. El Sr. Jefe no quería permitir eso, así que mientras las ruedas giraban lentamente, sacó su cuchillo tipo Rambo y lo clavó en uno de los neumáticos pensando que lo detendría, sin darse cuenta de que todavía tenía otros 17 a su disposición. Inmediatamente hubo un ¡BANG! y un gran soplón cuando el aire se liberó y, al hacerlo, la fuerza tiró el cuchillo fuera del neumático y directamente al pecho del Sr. Jefe, matándolo en el acto. Todos estábamos incrédulos en cuanto a la precisión de “justicia poética” de este momento. La seguridad arrestó a la chica y finalmente la puso en un autobús de regreso a la ciudad de Nueva York de donde procedía la red de traficantes.

Un último ejemplo consiste en remolcar un camión averiado con nuestra grúa de quinta rueda. Un brazo de quinta rueda se une a la placa de la quinta rueda. Luego, los componentes del polipasto elevan el camión averiado para permitir el remolque. Cuando Bill y su hijo subieron por la carretera, Bill los siguió en la camioneta mientras su hijo conducía el camión delante con el camión dañado adjunto.

De repente, para horror de Bill, vio que uno de los neumáticos se caía del camión y comenzaba a rodar a un ritmo enloquecedor por el pequeño pueblo. Anteriormente habían acordado que si algo salía mal, Bill encendería las luces y tocaría la bocina para indicarle que se detuviera. Mientras hacía estas cosas frenéticamente, su hijo nunca se dio cuenta de ni una sola de ellas y siguió adelante. Bill observó impotente cómo la rueda se acercaba a un anciano en una mecedora en el porche de su casa. Mientras rodaba directamente hacia él, golpeó abruptamente un obstáculo, cayó al suelo y se detuvo directamente frente al hombre. Bill saltó del camión para revisar los daños y se acercó al anciano para disculparse. El hombre lo miró y dijo: “Estaba aquí relajándome de una cirugía a corazón abierto, a la que sobreviví. Hubiera sido una tragedia que me mata una rueda fuera de control.”

Entonces, verás, el mundo de los neumáticos es una serie de historias en constante evolución, algunas graciosas, otras no, ¡pero un neumático es realmente una de las únicas cosas en la vida que funciona bien bajo presión!



# TruckStruck



By Lynn Bolster

## NEVER UNDERESTIMATE THE POWER OF A TIRE

One of the first things I had to get used to in trucking was how big, loud and dirty everything was – including some of the people! Trucking isn't the cleanest or quietest job, but what do you expect when playing in traffic all day? The truck itself is big enough but the tires are half my height. Next to the engine they are the most critical item on the truck. After all, without them, no one's going anywhere!

To demonstrate how unpredictable tires can be, allow for a few illustrations.

As I sat at the fuel island one hot day, a truck pulled up to fuel. I noticed a trashcan, covered decoratively with stones, near the door the driver just entered when he went to pay. Within moments I heard an enormous BOOM! – it sounded like a cannon went off. Then that trashcan – with stones as additional shrapnel – was blown to smithereens by an exploding tire. What if someone happened to be standing there just then?

With 18 truck tires inflated in the neighborhood of 100+ psi, remember as you pass a semi, get by it as fast as possible in the event one could blow. Recaps (sometimes called 'gators') which have blown off, can be equally dangerous strewn all over the highway.

Tires can also kill in other bizarre ways. When I worked in truck stop management in Maryland, we were always up against the sex trade, whether it be local 'commercial company', sex trafficking rings or the catchall phrase 'lot lizards.' One Friday evening after we ended a staff meeting on the fifth floor of the hotel at our truck stop, I glanced out the window while gathering my materials. I witnessed two big Cadillacs roll in, stop, and when the doors swung open, about ten women jumped out and scattered between the trucks in a lot that parked 500 semis. This, I later learned, was a sex ring dropping off their 'employees' for Friday night escapades.

Fast forward to Monday morning at the job, and it was all hands on deck. Security gave us a distress call from the lower lot – blood everywhere from a scuffle that began between a 'customer' and a 'commercial lady.' The driver wouldn't pay up and her trafficking

'boss' arrived on the scene to shake him down. After he and the driver tussled a bit, the driver got in his cab and proceeded to back out of the spot. Mr. Boss wasn't having any of it so as the wheels slowly rolled, he pulled out his Rambo knife and stuck it into one of the tires thinking it would stop him – not realizing he still had 17 others at his disposal. Immediately there was a BANG! and a 'whoosh' as the air released and in so doing, the force blew the knife out of the tire and straight into the chest of Mr. Boss, killing him on the spot. We all were in disbelief as to the accuracy of this 'poetic justice' moment. Security arrested the gal and eventually put her on a bus back to New York City from whence the ring came.

One final example involves towing a disabled semi using our fifth wheel boom. A fifth wheel boom attaches to the fifth wheel plate. The hoist components then draw the disabled truck up to allow for towing. As Bill and his boy came up the road, Bill followed behind in the pickup while his boy drove the semi in front with the damaged truck attached.

All of a sudden to Bill's horror, he saw one of the tires fall off the truck and start to roll at a maddening pace through the small town. Earlier they had agreed that if anything went wrong, Bill would flash his lights and blow the horn to signal him to stop. As he frantically did these things, his boy never acknowledged nary a one of them and just kept on truckin.' Bill watched helplessly as the tire approached an old man in a rocking chair on his front porch. As it roared straight for him it abruptly hit an obstacle, dropped to the ground, halting directly in front of the man. Bill jumped out of the truck to check damages and approached the old man with an apology. The man looked at him and said, "I was just out here relaxing from open-heart surgery, which I survived, I would certainly hate to be taken out by a runaway semi tire."

So, you see, the world of tires is an ever evolving string of tales, some funny, some not, but a tire is really one of the only things in life that does work well under pressure!

## TFC GLOBAL: FIGHTING FOR THE HEARTS AND LIVES OF OUR



Why is the development of a chaplaincy program the need of our professional drivers? The high risk for poor health outcomes and excessive time away from family and the load demands of trucking weigh heavily on our drivers.

TFC Global has long recognized the need for chaplaincy programs provide. In addition to ministry centers located at truck stops, we offer off-contact resources, local referrals, and more.

- \* Celebrate Recovery Step meetings at ministry centers across the country.
- \* Human Trafficking Awareness presentations under the Gateway program.
- \* Pornography addiction assistance twice each year that will utilize a trained chaplain.
- \* Crisis Care from a trained chaplain.
- \* International Christian Trucking Association corporate leaders and companies in the trucking and surrounding area.
- \* Talk & Prayer (TAP) meetings for the trucking community to support one another.



*Would you consider hosting a meeting about inviting our human trafficking young men/women's group to your office at 717-426-9977.*



# FOR PROFESSIONAL DRIVERS AND THE TRUCKING COMMUNITY

a chaplaincy program to the trucking community that includes caring for the physical, psycho-logical and spiritual drivers and their families so important? Because trucking driving is characterized as a profession that puts drivers at a comes due to their work environments that can be seen by chronic stress, disrupted sleep patterns, erratic schedules m support systems. Although many companies have prioritized the health of their employees and drivers, the work- eigh heavily on the development of marital issues, addictions, anxiety and poor eating habits.

ed the need to come alongside companies and drivers to deliver a ministry of presence that goes beyond what most e. In addition to the spiritual care for this community, we are also able to offer the following services at all of our truck stops or in the companies throughout the region of these centers. These services generally give recipients point- efferal capabilities and a trained professional chaplain.

meetings led by our staff and held at e country.

ess training through our Youth in Crisis ateway to Freedom Foundation's direction.

istance through a three-day retreat held tilize a professional counselor network.

chaplain.

cking Association (ICTA) meetings for mpany employees in the trucking community

gs for women passionate about and part of o support families.



***Wanting an ICTA or TAP event at your church or company? Would you also think an trafficking expert to speak at your church, school, company orientation, groups? For more information, contact us at [info@tfcglobal.org](mailto:info@tfcglobal.org) or call our***

# Walk the Walk

By Mike McGough

## EMPATHY & OPPORTUNITY

***As a believer, care and provide for the children in your life. Work for the salvation of their souls, patiently and without end. Based on 2 Corinthians 12:14***

As the fleet manager, he was pretty much responsible for anything and everything concerning the fleet. He was proud of his job and did all that he could to give the company a good profile. Among his duties was the responsibility to keep the trucks well maintained. And for him that included keeping them clean.

Shortly after he became fleet manager, he received a call from the local high school principal. Some of the company's trucks had been egged as a Halloween prank. She found out who the culprits were, and as part of their discipline, they would wash the trucks they egged then do twelve additional hours of truck washing. The fleet manager agreed.

Both of the boys showed up on time, did exactly as they were told, and within two weeks, they had each completed their twelve hours. When the manager notified the principal that the boys were done, he shared that he was impressed, then he made an offer. He told the principal that the boys both said school wasn't working out for them and that they wanted to quit. Then he pitched his proposal.

"I'd like to offer each of them a job after school and over the summer. There's plenty for them to do around here and a good opportunity to learn the trucking business from the ground floor. As long as they continue on as they did during their twelve hours, there are only two other conditions for keeping a job with me: no more discipline issues, and stay in school through graduation." Both of the boys accepted the offer, and two years later the fleet manager and his wife were invited to a graduation party held by the boys' families.

Today, they're still with the company. One of them is a driver who never passes up a chance to visit regional high schools on career days to talk about the opportunities for drivers. The other is the assistant fleet manager. He'll soon be replacing the retiring fleet manager, the same man who showed two high school sophomores a little empathy which gave them life-changing opportunities.

Discipline without empathy is punishment. Discipline with empathy is corrective and often leads to opportunities.



*Walk the Walk: A Daily Guide to a More Christlike Life is the daily devotional guide from which the New Testament-based passage that inspired this article is drawn. Copies of that devotional are available at: [Leadershipmrm.com](http://Leadershipmrm.com) under the Books/Publications tab.*





## Calling All Prayer Warriors

A background image for the Zoom meeting announcement. It shows a silhouette of a person kneeling in prayer in a field with tall grass and trees in the background. The sun is low on the horizon, creating a hazy, golden light. Overlaid on the left side of the image is a black graphic consisting of three vertical lines and three horizontal lines forming a grid-like pattern.

Join on ZOOM  
First Friday each month  
12:00-12:30 EST  
Meeting ID: 869 7884 4437  
Passcode: 130223

**S.W.A.T. Prayer Team**  
Spiritual Warfare Against Trafficking

When Jesus began His earthly ministry He read from the scroll of Isaiah,

*The Spirit of Lord is on me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free, to proclaim the year of the Lord's favor. Luke 4:18-19*

In addition to Great Commanment and the Great Commission, this additional directive is pretty clear. This is what He was anointed to do. As Jesus went about fulfilling this mission, He spent considerable time in prayer, and teaching His disciples to turn to God in prayer and faith (Matt. 9:35-38). In the work of combatting human trafficking today, we, at TFC Global and the Gateway to Freedom Foundation, know the greatest action we can take, to free people from various forms of oppression, is to pray. Prayer is a non-negotiable. Therefore, we have committed to invite the faith community to pray with us the first Friday of every month. If you care about the issue of human trafficking and believe in the power of prayer, then join us on Zoom every first Friday by using the Meeting ID and Passcode above. Or, send us an email at [gateway@tfcglobal.org](mailto:gateway@tfcglobal.org) to learn more.

*Derek Thompson is an ordained pastor and the Director of the Gateway to Freedom Foundation. Derek has dedicated his professional career to combatting human trafficking. His greatest joy is being a husband and father of four daughters.*

# DOPAMINE DETOX — PART 4

By Brad Huddleston

Because a dopamine detox can last a minimum of 3 weeks and as long as six weeks, you must plan ahead. Following is a list of suggestions:

Probably the easiest way to plan a detox is when you are already on vacation. And, if you have days off stored up, it would be well worth your effort to ask your employer if you can add those days to your vacation. And, even if you have to add unpaid days to your time off, I know God will honor your sacrifice.

Most people have time off during holidays. At this point, you might be thinking, “I don’t want to ruin my holidays with a dopamine detox!” If that thought crossed your mind, you might want to rethink that. After just a few days of going without technology, many people report that they feel less stressed, more focused, and sleep better. You might find that you enjoy the holidays more than you have in years.

If you are in desperate need of a break from technology due to burnout, it would be a good idea first to pray and then talk to your employer about your need for some extended “mental health days.” I suggest that you be upfront that you want to do a digital detox. The worst thing that could happen is that your employer says, “no.” But, on the other hand, you might find that your employer is in total agreement and will admit that they need a technology break as well.

As previously mentioned, Dr. Victoria Dunckley offers the following advice for planning:

For the electronic fast, it’s very important to plan ahead: pick the soonest start date you can, and then structure your child’s time to minimize or eliminate downtime that would typically be filled with screen activities. I suggest getting a monthly wall calendar, writing everything on it, and posting it where everyone can see it, such as on the refrigerator. Any type of monthly calendar will do, but it might be worth buying a magnetized, one-month, dry-erase calendar at an office supply store. Like me, Dr. Dunckley also recommends taking advantage of holiday and vacation time for a family detox. Still, she adds the following qualifier:

That said, if you know of a trip or event coming up that you can’t control — such as a vacation with cousins or friends where you know there will be lots of gaming — wait to start the fast until after it’s blown over. Then, set a firm start date and start preparing.

To expand on Dr. Dunckley’s advice of structuring your child’s time, I also strongly suggest that you structure yours as well. Parents are often struggling with digital addiction the same as their children.

After hearing me speak, I occasionally receive news of young people who have chosen to give up their technology. My ears are filled with angelic singing when that happens. Most of the time, children will not want to give up their technology, and anger will result. To help you prepare your children for what lies ahead, I want to repeat the recommendation I made in Chapter 1:

After explaining what a digital detox is, I recommend you begin by apologizing to your children. A conversation could go something like, “Sweetheart, mommy, and daddy love you very much. We have two apologies we need to make to you. The first one is that you have seen us on our phones and computers a lot, and sometimes we don’t give you all of our attention when you need it. We are not always good examples to you, and we apologize. Second, we have given you tablets, video games, phones, and televisions. Now, we’re going to have to take them away so that our brains can feel better. Because we purchased these devices for you, and now we’re taking them back, we apologize. We realize this might confuse you, but in time, you will understand.”

Dunckley, Victoria L. *Essay. In Reset Your Child’s Brain: A FOUR-WEEK Plan to End Meltdowns, Raise Grades, and Boost Social Skills by Reversing the Effects of Electronic Screen-Time*, 139. Novato: New World Library, 2015.

Ibid.





# *Trucking with Women in Mind*

By Ellen Voie, President & CEO, Women in Trucking

**“Don’t reinvent the wheel, just realign it.” Anthony J. D’Angelo, author**

We’ve all heard the adage about reinventing the wheel. Why spend a great deal of time and effort on working through something that someone has already explored? When Women In Trucking Association was formed, we looked at other trade and professional organizations and determined what parts worked for us and what didn’t. In fact, we took a lot of ideas from an organization called Women In Aviation International (WAI). At the time, I was working on my private pilot’s license and joined the WAI because I wanted to meet other women who fly. The airline industry isn’t all that different from the trucking industry, and both have a very small percentage of women in the cab or the cockpit. Many of the trucking community’s challenges are similar, so why not cooperate on our efforts?

What if we took that idea a step further to redesign ways for our drivers to enjoy some of the perks their fellow pilots appreciate? What if we looked at airports to design better stop over experiences for professional drivers? For example, a pilot is assigned a specific route to avoid other traffic and any congestion. Wouldn’t this make sense for the trucking industry to route drivers to the best highways during the best times to avoid as many automobiles as possible?

Commercial planes have to deal with those of us who fly small aircraft, but we are limited in our airspace and even in some airports. If our planes are too slow or don’t have the proper equipment to communicate to air traffic control, we are prohibited from using the same airspace as our commercial counterparts. What a novel idea to give the big planes (and big trucks) the priority because they are the ones with the more urgent deliveries.

You probably won’t find a single engine Cessna flying into Chicago’s airport and you won’t find a general aviation plane over 14,000 feet above sea level. Those lanes are reserved for the larger, faster airplanes. Maybe trucks should have their own “space” as well. Although many small airports offer self service fuel, it’s only for the planes that can accommodate the small fuel hoses and slow discharging pumps. The more important airplanes have the fuel delivered to them via a fuel truck. Wait, what if we could do that with tractor-trailers? Anthony Petite, CEO of TruckPark, Inc. found that a typical driver has to wait 62 minutes to obtain fuel at a truck stop. What if the trucking industry adopted the airline industry practice of offering a fuel truck to fill those tanks? The driver could pull into the parking area and order the fuel and wait for the delivery while he or she rests or secures the truck for the night. Many female drivers have chosen to eat and fuel at one truck stop and then move on to another area to sleep so no one is aware that there is a solo female in the truck. If all drivers could pull into a parking spot and wait for a fuel delivery, this could be a safety factor as well.

What if you could have the fuel delivered to you while you are waiting to unload or load at a customer’s dock? It’s almost the same as having my back yard propane tank refilled so I can keep my house warm. Thanks to the forward thinking attitude of Petite and his colleagues at TruckPark, Inc., you will be able to enjoy this service yourself. Instead of reinventing the wheel, they realigned it to make your life easier. In 2021 you will be able to have diesel fuel delivered to you, wherever you are. They’ve partnered with FuelMe that delivers on-demand fuel services. No, you won’t pay more for the service because they typically charge LESS than the rate at the fuel pump, but at the very least will match it. Think about how much time you can save if you’re not sitting in the fuel line? Early adopters of the combined services will get a \$50.00 off fuel gift card for their first purchase. Now, if we could address the congestion issue ...



## JOIN ICTA: BECOME PART OF A COMMUNITY THAT LOVES THE LORD AND SUPPORTS EACH OTHER.



TFC Global has become increasingly aware that our brothers and sisters in Christ who are commercial drivers and those who are part of the trucking industry, along with their families, have a strong need and desire to build biblical community among their peers. In today's current environment, it's not unusual for new drivers that work for the same company to not ever speak to any other drivers at the company. There's no time for a friendly smile, helping a fellow trucker or motorist in need. It's a thing of the past. The International Christian Trucking Association (ICTA) wants to change this. We want to bring back the sense of brotherhood among the Christian drivers in the way we corporately come together to battle the issues of human trafficking, chemical and physical addiction, depression, as well as divorce and marriage issues. At TFC Global, some of our locations host monthly breakfasts to talk about what's happening in the trucking community. Our desire is to connect commercial drivers, retired professional drivers, trucking company owners, and other Christian trucking-related individuals in supporting and encouraging one another. I once had a commercial driver tell me that he did not go to college so the trucking community was his fraternity. If there is going to be a movement of God in the trucking industry, it will begin with the Christian drivers and owners coming together to pray for this industry.

For more information on membership, visit our website at [www.TFCGlobal.org](http://www.TFCGlobal.org) and click on the ICTA section of the home page. Scan the QR code to give a financial gift in support of the ICTA and its mission.



### *Leave a Legacy of Faith for TFC Global's future ministry to the trucking community.*

TFC Global stands for more than just a ministry to truck drivers; our chaplains have had opportunities to help the men and women of the trucking community with struggles such as addictions, family and co-worker relationships, self care and more.

Our faith partners support us financially because they support our vision — support it because they know a driver, are a driver themselves or own a trucking company — support it because God has called them to give.

### *What about you?*

#### *Touching the Future*



*Make a lasting impact  
through a legacy gift.*



We exist to evangelize, educate and equip members of the trucking community and their families to help them grow in their faith.

Building a legacy is critical to the ongoing ministry of TFC Global. We can all make a difference in seeing the ministry be financially secure to continue meeting needs and expanding to reach more of the trucking world with the message and hope of Jesus.

TFC Global has years of learning, good friends, and ministry opportunities that have continued to touch many people. Gifts such as the following are a few examples of ways to bless drivers beyond a cash donation.

- \* Stocks and bonds
- \* Real estate
- \* Retirement Assets
- \* Insurance benefits

*For more information email  
[info@tfcglobal.org](mailto:info@tfcglobal.org) or call our  
office at 717-426-9977.*





## **Staying Alert While Driving Long Distances -- Part 1 by the Schneider Guy**

Driving long distances can get tiring, whether it's due to unchanging scenery, driving at night, sleeping poorly or being on the road for long hours. In this article, we'll identify some warning signs of drowsy driving and provide some tips on how to stay alert while driving long distances.

### **Warning signs and symptoms of driving while fatigued**

Many people assume they'll know when they're too fatigued to drive, but since drowsiness makes it harder to tell, it's important to be aware of other indicators, including:

- Varying your speed.
- Having slower reaction times.
- Turning up the volume on the radio.
- Feeling uncomfortable in your seat.
- Adjusting your hat repeatedly.
- Opening and closing the windows.
- Looking straight ahead and not doing traffic scans as often as you should.
- Forgetting which mile marker you're at.

### **Some steps to take if you notice yourself getting tired while driving**

First and foremost, it is against the law for truck drivers to operate a truck while the driver's ability or alertness is impaired. In fact, the Federal Motor Carrier Safety Regulations provide that: "No driver shall operate a commercial motor vehicle, and a motor carrier shall not require or permit a driver to operate a commercial motor vehicle, while the driver's ability or alertness is so impaired, or so likely to become impaired, through fatigue, illness or any other cause, as to make it unsafe for him/her to begin or continue to operate the commercial motor vehicle..."

### **If you notice yourself getting tired**

- Do not downplay your tiredness or push yourself to stay awake through a tired spell.
- Find a safe and legal place to park (i.e. a rest area, truck stop, etc.) and get some rest before continuing your journey.

If you have to ask yourself how to stay alert or awake when driving, you should not be driving.

Check out the July issue that will give 9 great tips for staying alert.



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Shelli Conaway, Truckers with Room To Spare

Chris Moore & Bobby Fuller,

Texas Port Ministries

Brian Teputepu, Association of Christian

Truckers of Southern Africa



# MEMORIALS

In memory of Edwin "Tex" Erb Jr. from the following people to Ruth Ann, Edwin's sister

Doug & Yvonne Enck      Dennis Trostle      Delores Neuber  
Linda Fahnestock      Terry Marxen      Anita Brendle      Dan Sweigart

In memory of Edwin Erb from his friend, William Jenson

In memory of Edwin Erb from his friend, Ronald Enck

In memory of Edwin Erb from his friend, Aristide Adelizzi

In memory of Howard Brooks from Progeny Systems

In memory of Roland Campbell to Mrs. Roland Campbell from Mr. & Mrs. Jeff Batzer



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Ohio (Lodi)  
Ohio (Shelby Outpost)  
Pennsylvania (Frystown)  
South Carolina (Columbia)  
South Dakota (Sioux Falls)  
Virginia (Richmond)  
Washington (Seattle)

*\*Visit our website for contact information.*

If you were to die today, where would you spend eternity? You can know for sure.

- A. *Admit you are a sinner. "For all have sinned and fall short of the glory of God" (Romans 3:23).*
- B. *Believe in Jesus for the forgiveness of your sins and for eternal life. "For God so loved the world, that He gave His only Son, that whoever believes in Him should not perish, but have eternal life" (John 3:16).*
- C. *Confess Jesus as your Savior and Lord, and turn from your sins. "if you confess with your mouth that Jesus is Lord, and believe in your heart that God raised Him from the dead, you will be saved" (Romans 10:9).*

To give your life to Christ, pray the prayer below.

*"Lord Jesus, I know that I'm a sinner. I believe that You died on the cross and shed Your blood to pay the penalty for my sins. Please forgive me and come into my life. You are my Savior and Lord."*

We would love to hear about your salvation. Email TFC Global at [info@TFCGlobal.org](mailto:info@TFCGlobal.org) or call 717-426-9977. Resources will be sent to help you grow in your faith.