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HIGHWAY NEWS

COVER PHOTO FROM MATS 2022
VISIT OUR BOOTH (#61164) IN THE WEST
WING AT THE MID-ATLANTIC
TRUCK SHOW, MARCH 29-APRIL 1
LOUISVILLE, KENTUCKY



A TFC GLOBAL PUBLICATION
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A WORD FROM OUR PRESIDENT

In Philippians 4:5-7 it says "The Lord is near. Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

We are beginning a new year. With all that has been going on in the world recently there are some Christians who are voicing serious concern over the apparent darkness that seems to be dominating our world. People bemoan the fact that our culture, advertising, television, and educational systems have become secular and thus are corrupting our families and undermining the teaching of the church. But is that the real reason? Culture has been anti-Christian for over 2000 years. The darkness is just being the dark. The real question is, "Why is the light of the truth of the Scripture not significantly piercing the darkness of our culture through the people of God?" Could it be that a major portion of the problem is that we as Christians do not know the Scripture and that our light is getting dimmer?



However, more than ever before, doesn't the darkness of this culture provide us as Christians a greater opportunity for our light to stand out if only we would stand firm to what we know to be the truth of the gospel? Are we not told in Scripture that light shatters the darkness? Did Jesus not call us the light of the world indicating there would be times of darkness? Some see this as a time where Christianity is going to be pushed to the side or maybe even stamped out altogether. I see it as a time where those who know Christ have one of the greatest opportunities in history to point people to the life, hope and freedom only found in a relationship with Jesus!

Remember this. The Lord is near. He is walking with you through every moment, every hour, and every day of the year. Does that assurance wrap you in peace? It should!

There will be battles and victories; there will be suffering and joy. God has promised, though, that if you pray, tell Him what you need, and give Him thanks for what He has already done, you will experience His peace. His peace, far beyond your ability to understand, will be present no matter what is going on around you. Even when peace seems impossible, your heart and mind will be able to rest in Him.

Keep your eyes on Christ, and stand firm in your faith. Know what you believe and why you believe it. Don't go the way of this world that says everything is fine, you're okay, and you're going up the same mountain as everyone else, and God's at the top and everything is going to be fabulous once you get there. No. Jesus said that no one could come to the Father except through Him. Jesus said He was the only way, but the world will say you have to be tolerant and that everyone can have his or her way to God. Stand Firm. You don't have to be arrogant, but you can be humble and speak truth in love and not compromise your beliefs. That is what He has asked each one of us to do.

Do you have the courage to be a light on a hill? Not in your own strength, but in His strength, you and I will win the battle. He promised never to leave you nor forsake you and to be with you to the very end. He will give you everything you need for the task He sets before you.

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FEATURE

MEET ROBERT PALM FROM THE TRUCKERS FINAL MILE MINISTRY AND ENJOY THEIR AMERICAN HERITAGE MEMORIAL RIG.

Designed to reunite truck drivers and their family in the event of loss of life, debilitating injury, serious illness, a crisis at home, or the need to make mobility improvements in a driver's home



Having traveled many of America's highways and interstates, visiting every state, and having been through or around a great deal of her cities, my desire was to establish a way to thank the trucking industry in such a manner that will carry on as long as trucks are on the road.

Robert Palm, founder of Truckers Final Mile, has experienced some really good times on the road and some not-so-good times as well. From a major crash in 1997 to a health crisis on the road in 2012, from many trucking roles such as towing and recovery operator, trainer, driving school owner, state test examiner to owner operator, the one constant was family. I miss my wife and kids, miss their ball games and scout meetings, miss their birthday, miss our anniversary...the list goes on. Truck drivers make sacrifices every day to keep on struggling with this issue throughout their career. Over the course of my career, I have seen the end result of a driver's heart attack in his cab, a driver not able to get home for a parent's funeral, a driver unable to cope with the loneliness of his chosen career.

I started this charity in May of 2014 to make sure a service existed to provide for drivers and their families. Through our compassionate donors, we can meet that need. The National Traffic Safety Board data shows that more than 800 commercial drivers lose their lives every year (2012 statistic) on America's roads. These numbers don't count suicides, murders, natural-cause deaths or any other form of death or serious injury. Yes, there definitely is a need. Truckers Final Mile can answer that need.

The program provides assistance in the form of financial provision for the following six programs:

- * Loss of life of a driver
- * Severe injury of a driver
- * Major medical event of a driver
- * Any of the above that occur to a household member of a driver while they are at the driver's home
- * Mobility assistance
- * Grief counseling from a chaplain or independent grief counselor through vouchers

Each July through December, the organization runs a Christmas campaign called, "Sleigh Bells and Santa," that gives gifts to children who are celebrating their first Christmas after losing their CDL trucker parent out on the highway.

A way to honor the memory of your beloved professional truck driver is by having their name prominently incorporated into our unique fully-wrapped tractor trailer. As you can see the design features individual bricks that can have those names printed on them with the name, dates of birth and death, any military service branch, their



CB handle, plus their hometown city and state. The 1,000 designed bricks are available for a one-time donation of \$250 that is tax-deductible. The bricks are 5 x 9 inches and can handle three lines of your choice of message. All of the funds raised from this initiative go to fulfilling the mission of the organization. You can see a sample of those bricks in the photo to the right.

There are many ways you can be part of this ministry that is special to the trucking community. If you would like to give to this program, visit their website at www.truckersfinalmile.org. Click on the Fundraising tab to review the ways to donate.

A ministry like this has to have specific guidelines to help the most people that fall into the six categories mentioned earlier. To see if you or your loved one qualify for these benefits, click on the About Us tab to see the travel policies. These programs were not designed to get you home if you are quitting your job, are terminated, or are abandoning your vehicle.



To date, Truckers Final Mile has assisted more than 500 truckers and their families through their programs. Here are some highlights from the past year.

November, 2022: provided lodging for 6 days for a driver and his family of 5 after a fire destroyed their home.

November, 2022: Gary, an owner operator, passed away in his truck in Oklahoma. His body was prepared and transported with certificates home to Illinois.

October, 2022: Tommy passed away in a tractor trailer accident in Arizona. He was reunited with his family in Mississippi 9 days later.

October, 2022: Mike was injured in a crash and was hospitalized in New Mexico. Once released from care, transportation to Arizona was paid for so Mike could get home to his family.

To read more stories, click on the News tab of the website and see the families served by the ministry of Truckers Final Mile. You can like them on Facebook at facebook.com/truckersfinalmile.org. Email Robert at robert@truckersfinalmile.org or call 888-857-7871. The charity is designated a 501(c)(3) by the IRS.

HONOR A DRIVER; SHARE A STORY

Your truck can be our magazine cover with a feature article inside.



TESTIMONIAL

What a wonderful surprise to have our son Austin's truck on the cover of TFC Global's Highway News monthly magazine. So proud of what Kiser Trucking stands for and for all our drivers and employees.

MELISSA KISER
Kiser Trucking



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We provide 5 complementary copies of the magazine once it is printed.



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EMAIL OF MAGAZINE

We send the magazine digitally to a large mailing list who will see your truck and the feature article.



DIGITAL MARKETING

We use the photos and article information to post to our social media platforms.

TRUCKING TALES



YOUNG & STUPID SERIES - TRAINING WHEELS

"Reveille men! Up an' at 'em!" The man I would nickname Sergeant Carter greeted us each morning with the same refrain. He reminded me of Sergeant Carter from the old Gomer Pyle, U.S.M.C. television series. He had the same close-cropped hair and the same no-nonsense demeanor. And, he gave the same tongue lashing to those under his charge, who in this case were raw recruits who signed up to learn how to drive a tractor trailer.

Sergeant Carter oversaw the school located at an old military base in Texas. The school would become affectionately known as Camp Carter. After we were jolted awake by this greeting, we headed for the communal showers before having breakfast in the mess hall. The kind white-haired couple who served up breakfast to their 'boys' each morning would affectionately become known as Ma and Pa Kettle. They were a welcome sight after seeing Sergeant Carter's face first thing each morning.

After saying our goodbyes to Ma and Pa we headed for an old airfield located on the base. Sergeant Carter showed us how to shift gears on the ten-speed trucks parked there. He stood stone-faced on the edge of the landing strip as we crunched those gears while driving around the cracked, triangular surface of the airstrip. Occasionally he would unfold his arms and flag us down if we were too noisy when we passed him.

We drove away from the airfield once we learned to shift reasonably well and began driving on country roads shared with wary locals. As we ventured farther from Camp Carter each day we became more at ease behind the wheel of a big rig.

It seemed we had barely arrived at Camp Carter before we buckled up our britches, pulled on our boots and hit the highways for our first taste of life on the road. This is what we dreamed of. We were ready for some real truckin'.

The year was 1974. As I said in Bob and the Bay Area Botherations, a student would obtain his Commercial Driver's License before learning to drive a truck as odd as that may seem now. Any vehicle used for commercial purposes could be used for the driving portion of the test. I took my test in a one-ton truck. A friend took his in a station wagon.

So, soon after reveille as the sun peeked over the horizon of the quiet central Texas countryside, a convoy of trucks rumbled toward the fleeting darkness, two students per truck, no instructor needed. But Sergeant Carter did join the convoy in one of the trucks.

We traveled a large circular route through west Texas. The tumbleweed rolling across the highway in route outnumbered the cowpokes who wrested a living from the dry, stingy soil in that part of Texas. My first taste of wide-open spaces in a big rig. I was hooked already.

Our convoy reached its destination that evening. The new training ground had some of the steepest hills in Texas, crossable only by way of zigzagging roads and dogleg turns. Sergeant Carter took each of the student drivers in turn through those hills while the other drivers teamed up for their own highway adventures.

When my turn finally came, Sergeant Carter and I began our trek through those hills after the sun had long dipped down over the vast, arid landscape, leaving us cloaked in darkness except for the bouncing light shed onto the narrow road by the truck's headlights.

When we reached the top of a hill in the most challenging part of the course, Sergeant Carter slunk down into his seat and assumed a disinterested Joe Cool demeanor as he turned and looked out at the hillside. I also was relaxed. After all, I had picked things up quickly thus far and was already getting rather comfortable behind the wheel of the tractor trailer.

Little did we know Joe Cool would be almost bolting upright in his seat as he slammed on the imaginary brakes on the passenger side of the truck on our downhill ride when he once again morphed back into Sergeant Carter.

Kelly Mack McCoy chose to pursue a life-long dream of becoming an author after a life-altering event changed the trajectory of his life. He teamed up with author John Floyd Mills, a former writer with the San Antonio Light newspaper to write a series of novels about a pastor turned trucker who hits the road after his wife's murder. The two would never write the novels, however. John Floyd Mills went on to write two novels and also formed his own publishing company. McCoy took up the pastor turned trucker project alone, but it took another life-changing event for him to be motivated to see the project through to completion. That event was the death of John Floyd Mills. The completed book project would become the award-winning novel, Rough Way to the High Way. McCoy's second book, The Sojourner's Road Home, was inspired by recent events that have devastated so many lives. He is currently working with a publisher. The Sojourner's Road Home will soon be available in online and retail stores everywhere

MINISTRY HIGHLIGHTS & GIVING OPPORTUNITIES



This month, we wanted to introduce you to some of the ministry team leaders for TFC Global Tanzania. These leaders are under the direction of Dr. Norbert Mbwiliza who has an office and a board of directors helping him strategize and seek God's guidance for opportunities to reach the trucking community in and around Tanzania.



Gerard Gahungu
Burundi

Born in 1962, Gerard has lived a life of learning. He worked at a clothing manufacturing company for 26 years after graduating from college in 1983. He was married to Christine in 1990 and was called by God to be a deacon and then a pastor. He founded the Buruni Rhema Word Christian Revival Center where he serves presently. In his words, "I've been working for all those years, yet I am still working. I feel too young to achieve so many things by the power of the Holy Spirit." Pray for Gerard and his family as they ministry wherever God leads them.



Samuel Bulompfu Bandu
Democratic Republic of the Congo

Samuel was born in 1986 in the province of North Kivu in the territory of Massi, in a town called Kihindo. After finishing school, he got a degree in computer management. Then, God led him to the Higher Theological Institute where he was trained and became a pastor in 2007. He is currently working in the city of Goma and Berge, helping the work of 11 churches. Pray for Samuel to rest in the Lord for the strength to minister in these areas.



Tunu Lameck
Kenya

This 55 year-old woman has been serving the Lord for more than 30 years. She describes herself as, "a self-driven person who is passionate about winning souls for Christ." She is thoroughly enjoying working with Dr. Norbert and TFC Global Tanzania to reach the truck drivers and their families. Pray for her safety as she talks to the drivers and for many souls to be harvested into His kingdom.



Deo Nsengiyumva
Rwanda



Check out these photos of ministry that happened recently. (1) Ms. Tunu talking to a driver in Kenya, (2) Mr. Bandu sharing Jesus with some professional drivers in DRC.

MINISTRY HIGHLIGHTS & GIVING OPPORTUNITIES



TFC Global Malawi continues to reach truck drivers with the gospel of Jesus. The busiest place to do ministry to this marginalized community is at the border crossings. Mwaza, Dedza, Mehinji, and Songwe are located as many as 500 miles from the office location in Malawi. This great distance means that Francis, the regional director, relies on ministry teams that can reach these places. Pray for people to be called by God to be trained as chaplains to reach drivers for Jesus.

Francis had the opportunity to join another trucking ministry team to share about the Lord in the South African area of Berth Bridge, a border post, for two weeks.

A driver named Franco Qochline who drives in Mozambique, was so thankful for the Portuguese Bibles that the ministry team handed out. He had been looking for a Bible in his language for many years. He is praying for a mobile vehicle that could be used to reach more drivers with the message of Jesus Christ.

Work continues with the Truck Drivers Union of Malawi. This organization is allowing TFC Global Malawi to pass out books and Bibles and share the gospel with truck drivers all over the country of Malawi. Pray for more workers to reach more drivers who are members of this union.

Godfrey, a driver with a trucking company in Malawi, is thrilled to have a ministry that targets truckers with the gospel. He heard the message and received Christ as his Savior. At the same time, he received an English Bible so he can grow in his faith.

On a personal note, Francis is very concerned about the effect of the cholera outbreak on his family and friends in Malawi and surrounding areas. He is so thankful for the complete recovery of his daughter from her bout with malaria. Pray for the epidemic to be controlled quickly and for the safety of his family and ministry team.

Check out these photos of ministry happening by TFC Global Malawi.



CERTIFIED CHAPLAINCY TRAINING

If you're looking for an opportunity to prepare you for the work of chaplaincy, we can help you to achieve that goal. Regardless of your industry, the principles of our training program apply and will help you navigate the waters of the industry where you are ministering. At CTI, we offer a comprehensive yet stimulating training program that will help you to become **acquainted with the world of Christian chaplaincy at a cost much less than other comparable training programs.** As a student, you will explore the theoretical and operational components of chaplaincy while learning from experienced chaplains with real-world experience. Students will learn the basics of Christian counseling while learning **how to read body language (Para-Linguistic communication) to reveal what a person is thinking in times of despair.** Students will learn communication techniques that are useful when dealing with police, prison, and other emergency services personnel and avoid the pitfalls that get a chaplain fired due to a lack of experience and much more. **Upon completing the 20-hour program, you will receive a beautiful certificate of certification (BCC) suitable for framing.**

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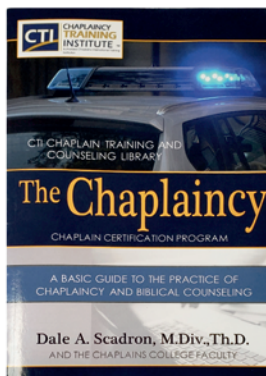


Chaplain Ron Fraser
President/CEO
TFC Global

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YOU CAN MAKE A DIFFERENCE IN THE LIVES OF PEOPLE BY TRAINING TO BECOME A CHAPLAIN IN YOUR COMMUNITY. AT CTI WE CAN HELP.
Contact our office at info@tfcglobal.org or call 717-426-9977.



Course cost of \$400 is all-inclusive: application fee, training manual, in-person training, lodging, meals at the training facility, and processing to become credentialed with Chaplains International and their network of chaplains. Those seeking to serve with TFC Global will have additional orientation training.

SIGN UP TODAY! Next class is May 7-11, 2023.

CTD200



PRESENCE WHEN IT WAS NEEDED MOST

I have written about the real life situations our chaplains face, but two recent situations really shine the light on why the need for chaplains is so great.

At the Flying J truck stop in Sioux Falls, SD, where our chaplain Ryan Albrecht ministers, there was a shooting inside the truck stop. According to KELO local news, "Police say a man was arrested early Wednesday morning after shooting a man at the Flying J in northwestern Sioux Falls. A man parked his vehicle in the lot and entered the store with a dog. He made a comment that he was going to leave the dog there, then walked outside. The clerk got ahold of her boss, who was the victim. The boss grabbed the dog, found the man outside and told the man they weren't able to have the dog inside. About 20 minutes later or so, the man with the dog walked into the store, placed a bullet on the counter and essentially made a threat that this was going to be for the victim," SFPD Public Information Officer Sam Clemens said. The victim grabbed the bullet and walked to a back room to call 911. He turned and saw the suspect pointing a gun at him. The suspect fired the gun twice, hitting the victim in the arm twice. The suspect then left. The manager received non-life threatening injuries. Ryan was able to jump in as chaplain to care for the employees of the truck stop and follow up with the manager who was shot.

In Lancaster County, Pennsylvania, a truck from the trucking company where our chaplain Derek Thompson serves was involved in an accident with a train. The driver was thrown from the cab of the truck and miraculously survived. It was only because of the hand of God that the driver walked out of the hospital three days later. Derek was not only present to minister to this driver but also to the upper management of the company. One part of this story that sticks out is one manager telling Derek, the hospital waiting room was the exact same waiting room he was in eight years ago when the family of his best friend was with doctors deciding whether or not to take him off of life support. Therefore, this manager was not only dealing with the accident situation involving one of their drivers, but was also dealing with the stirring up of trauma from the past. Derek was able to have conversations with these men from the trucking company and continues to be in contact with them as well as be present every Monday for the people of that company.

These two specific situations in which our chaplains were present and ready to minister are only two of many. Anything can happen anywhere. Where people live in fear our chaplains are a calming presence that keeps pointing people to the Prince of Peace – Jesus Christ.

Please continue in prayer for TFC Global chaplains and for more people, called of God to step into the chaplain's pipeline to be trained and out there ministering to the trucking community.

TFC GLOBAL: FIGHTING THE SPIRITUAL AND LIVES OF THE PEOPLE IN THE TRUCKING COMMUNITY

Why is the development of a chaplaincy program to the trucking community that includes caring for the physical and spiritual needs of our professional drivers and their families so important?



Physical care because:

- * *Unhealthy habits due to long hours on the road*
- * *Work environment is characterized by the following: poor eating habits, disrupted sleep patterns, extreme time pressure, lack of exercise*

Psychological/Behavioral care because:

- * *Heavy workloads can cause the following: burnout, anxiety, depression, substance abuse, diminished cognitive ability.*
- * *High levels of stress can cause the following: hypertension, heart disease, heart attack, infarction, extremely high blood pressure.*

Spiritual care because:

- * *There is an openness to faith topics when life seems to be overwhelming*
- * *Religion is often used to increase physical healing and well-being*
- * *Religion can change one's outlook and perspective from negative to positive*
- * *Religion is often related to greater marital and family stability*



TFC Global provides an integrated chaplaincy program tailored to your company's needs. We offer a custom program of services and offerings from several hours to full-time, being on-call for emergent issues, depending on your company's size.

There are many benefits to the program:

- * *Increased coping skills*
- * *Improved stability at home*
- * *Improved ability to regulate emotions*
- * *Reduced stress-related health issues*
- * *More content and reliable drivers*

Would you consider hosting an ICTA or TAP event at your company, school, company orientation, young men's center, etc.?

REAL BATTLE FOR THE HEARTS OF THE TRUCKING COMMUNITY

ing for the physical, psychological

access to health care, erratic schedules,
of support systems.

y, depression, sexual addictions, substance

, stroke, premature aging, myocardial

falling apart.

l-being.

egative to positive, increasing purpose and focus.

ility, more productive employees, and less turnover.

ated, holistic, and professional care program
eds through our network of corporate
system of supporting your employees
a full day of service plus the added benefit of
ues. This level of care is priced dependent on the

is program. Check out the following:

e and work

te emotions and food choices

employees with lower turnover



TFC Global also offers additional programs for the trucking community and corporate environment.

- * Celebrate Recovery Step meetings helpful in overcoming addictive behavior
- * Human Trafficking Awareness training under the Gateway to Freedom Foundation's direction
- * Pornography addiction intensive through a weekend retreat

urch or company? Would you also think about inviting our human trafficking expert to speak at your church,
/women's groups? For more information, contact us at info@tfcglobal.org or call our office at 717-426-9977.

PRAYER PROMPTS FOR THE TRUCKING COMMUNITY

Mark 1:35 *"And rising very early in the morning, while it was still dark, he departed and went out to a desolate place, and there he prayed."*

My brother-in-law is a truck driver, and this verse about Jesus where *"he would withdraw to a desolate place and pray"* (Luke 5:16), is just what he routinely does. He knows that his life is ultimately in God's hands and that his trust is in the Lord, not in his driving ability. Of course, he does watch out for the other drivers, but he also knows that God is watching out over him and that gives him peace of mind. Even so, he prays before he hits the road and puts his life in God's hands, and there is no surer place to be (John 10:28-29).

Psalm 4:8 *"In peace I will both lie down and sleep; for you alone, O Lord, make me dwell in safety."*

Many truck drivers have a cab where they are able to sleep in their own truck, but that doesn't mean they can sleep as well as they do at home. For some, yes, but for others, it's hard to sleep when you're not in your own bed, just as it's hard for us to sleep in a place that's not home. For the men and women on the road, they know that God *"gives to his beloved sleep"* (Psalm 127:2b) and those who trust in God sleep more peacefully because God makes them to *"dwell in safety."*

John 17:15 *"I do not ask that you take them out of the world, but that you keep them from the evil one."*

Unfortunately, there is a lot of "road rage" going on out there on the highways and byways, and it's not typically truckers who are enraged. Truck drivers are professionals, and they are among the best drivers on the road. They deserve our respect, so why not give them a break and don't tailgate them. If you do, you're in their "blind spot" and they're not responsible for what they cannot see.

Proverbs 22:3 *"The prudent sees danger and hides himself, but the simple go on and suffer for it."*

Truck drivers are not only good at keeping their eyes on the road, they are also prudent and often look ahead to see any potential dangers that are ahead of them. They've learned from experience to expect the unexpected and not to take for granted that every driver is going to be safe out there. They know that danger lurks around every corner and so they plan ahead to expect the unexpected. *"But the simple go on and suffer for it."* If you know a truck driver, tell him or her that you respect what they do for a living because much of the commerce of this nation depends on them getting to where they're going and making it there in one piece.

Matthew 6:25-34 *"Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? Can any one of you by worrying add a single hour to your life?"*

Truck drivers are away from home, family, friends etc. They can't control what goes on there. They hear about it after the fact. This can cause them to have much anxiety. They (the people at home) are in the Lord's hands just as much as he (the driver) is.

1 Corinthians 10:13 *"No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it."*

Truck drivers are faced with all kinds of temptations when they are on the road by themselves for weeks at a time. Sometimes it looks so good and so easy—from overeating to pornography to gambling to sex—but the driver needs to stay close to God and the Word to overcome these temptations.



A Tribute to Carol Henson by Joanna Maart
June 3, 1960 to January 10, 2023

Daughter of the King, Wife, Mom, AWANA leader, Women's Ministries leader, Homeschool evaluator, Reader, Adventurer, Seamstress, Lover of family, Loved to laugh, Servant-leader, Co-worker, Volunteer, Church member, Trip planner...the list could go on and on.

Carol Henson was a member of the TFC Global international office staff since April, 2014. In the beginning, Carol worked parttime in the finance department as the Business Associate. That position became fulltime in a few years. Her role in the office was to make sure our staff was taken care of in any way they needed. She answered the phone to speak with vendors and chaplains and donors in addition to keeping our day-to-day financial tasks current. Our chaplain in Ontario, California, Michael DeBay called her the Quiet Hurricane. She had a way of giving you a look that let you know that she was simmering, to put it mildly. One fond memory was from May, 2022, when she and her husband, Steve, helped us walk the Memorial Day Parade route behind and beside our show trailer, passing out fans and candy to young and old spectators. I stopped to get a refill on candy and saw that she was looking particularly peaked in the hot weather and fast walking. I told her to get in the truck and ride the rest of the way. She looked at me and said very emphatically, "Yeah." She was ready, but she wasn't going to stop unless someone else gave her permission.

Pray for Steve, her husband, and their three adult children, Steven, Jr., Ben, and Abby, as they navigate this journey of grief and new things. I have included some photos from the slide show presentation from her memorial service.



(Above) Fancy Meal



(Middle Top) Family -- Carol,
 Steven, Ben,
 Steve, Abby

(Middle Bottom) Laying in the
 sun



(Right) One of many trips with
 Steve



Helping Drivers on Life's Highway

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MINISTRY SPOTLIGHT

ROADSIDE MINISTRY

Mac McGuire was born in the Finger Lakes of upstate New York in the 1960s. He earned a degree in social work along with a masters degree in clinical counseling. Desiring additional education, he graduated with his doctorate in psychology and Biblical studies in 2002.

Before getting his doctor's degree, he started a church in eastern North Carolina. Along with being a pastor, he initiated and developed a drug and alcohol program called Stepping Stones. The program included three half-way houses, two for men and one for women, with a total of twenty residents in the first year. Several of the graduates from this program secured great jobs and have been successfully leading sober lives. After serving as a clinical psychologist for many years, he worked with people who had a wide variety of mental health issues, substance abuse patterns and provided marriage counseling as part of a private practice. During that time, Mac was privileged to collaborate in some clinical trial studies with Jansen Pharmaceutical working with patients who had severe clinical depression.

After recovering from COVID in 2020, God spoke to Mac's heart about a new ministry to truck drivers called Roadside Ministry. For Mac and his wife, Mia, when COVID shut down the country, they saw a picture in their mind of the drivers and their families who had been mostly forgotten. So, in March, 2022, a grassroots ministry was started with the construction of a portable chapel building on top of a 4 x 8 foot travel trailer. The purpose of the chapel was to go to the highways and byways to deliver the message of the gospel to all travelers, focusing especially on professional drivers.

Typically, the chapel is parked at rest stops, the doors are opened, tables are set up, a grill is fired up, and encouragement is given to anyone who visits the couple. Listening to their stories and praying with them as well as offering some kind words and a smile is a balm to the weary travelers stopped along the highway. Since the start of this ministry, inspirational messages are posted daily on Mac and Mia's YouTube channel as well as Instagram with more than a hundred followers that have requested prayer and counseling.



You can reach Mac and Mia McGuire's Roadside Ministry by email at roadsideminsty2022@aol.com or visit their website at www.roadsideminsty20.wixsite.com. Their phone number is 828-358-5759.





CAN YOU LITERALLY BE ADDICTED TO YOUR PHONE?

BRAD HUDDLESTON

There's a video titled *I Forgot My Phone* that has been viewed over 51 million times (as of this writing) on YouTube. It contains a series of scenes that illustrate just how pervasive smartphones have become throughout every aspect of culture. This video is not about teenagers.

It's about adults.

In one scene, a group of eleven young adults are out together for a fun time of bowling. The scene opens with a female rolling the bowling ball down the alley, and she then smiles excitedly when she knocks several pins down. When she turns around triumphantly with her arm in the air to get some high fives, no one is paying attention. All ten of her friends are staring into their smartphones. They are all together, but they are not "together." In other words, they are disconnected even though ten of them are physically sitting together.

There's a fascinating study cited in the book *Brandwashed: Tricks Companies Use to Manipulate Our Minds and Persuade Us to Buy* by Martin Lindstrom. MindSign, a neuromarketing firm, was hired to find out if iPhones were as addictive as alcohol, cocaine, shopping, and video games. The results were disturbing:

In short, these participants didn't demonstrate the classic brain-based signs of addiction to their iPhones. What the sights and sounds of a ringing or vibrating cell phone did reveal, however, was that our study subjects loved their iPhones; their brains responded to the sound of the phones the same way they would respond to their boyfriend, girlfriend, niece, nephew or family pet. In short, it may not be addiction in the medical sense, but it is true love.

How many people have wondered in frustration if their spouse loves their phone more than him or her? To have the same passions toward a phone as one would have for a person is unsettling. Maybe we are headed for a world where interaction with robots will be considered equivalent to interacting with humans.

The medical profession is joining the chorus of those concerned about digital addiction. Dr. Fran Walsh is a child, couple, and family psychotherapist who reports: Cell phones are addictive in the same way slot machines are. The immediacy of response, gratification, and excitement combine to make the user want more and want more now.

Webster's online dictionary defines idolatry as "the worship of a physical object as a god." Any object, including our smart-phones, has the potential to be worshipped. Not in the sense that we build a literal shrine where our phone is kept, and we then visit and lift our hands in honor and adoration. But instead in the sense that we cannot be physically and emotionally detached from our phones for more than just a few minutes. For example, if we accidentally leave the house only to realize we forgot our phone and experience an unhealthy level of anxiety.

God gives us clear direction on such matters in His Word: "Everything is permissible for me, but not all things are beneficial. Everything is permissible for me, but I will not be enslaved by anything [and brought under its power, allowing it to control me]." 1 Corinthians 6:12 (AMP) And, may we be like the Christians in Thessalonica who "turned away from idols to serve the living God."

For more information, visit bradhuddleston.com. While there, be sure to check out my new book, *Digital Rehab: Learning to Live Again in the Real World*.

TFC Global officially launched The Gateway to Freedom Foundation in February 2021, in an effort to help combat sex trafficking. With trained chaplains across the country, serving the professional driving community and beyond, the leadership at TFC Global knew it was well positioned to make a difference.

As the director of GTFF I am proud to share some of the really important things we have accomplished in the first two years.

First, we established a clear and compelling vision, which is to put sex trafficking out of business. That is the purpose of GTFF that drives all we do. Through the initiative we work tirelessly to see the day when pimps and traffickers have to put up a going-out-of-business sign.

Secondly, we created a well-defined mission articulating how we will accomplish the vision. After all, a vision without a mission is nothing more than a dream or nice thought. Our mission is to free and protect people from consumer sexual beliefs and behaviors, so they can thrive in their life, relationships, and community. At TFC Global we get excited when we help people break free from consumer sexual beliefs/behaviors. We get excited because we know these are behaviors that are harming them, their family, and the community. We get even more excited because we know that when we help one person get free we take money out of the hands of pimps and traffickers.



Last but not least, we created and implemented several resources and tools to accomplish the mission. We launched a 3-day recovery workshop, the Live Free Community, Consultation and Support, as well as an Online Directory. In two years we've impacted the lives of 18 men through these intervention resources. Along with this we have also brought awareness and training to over 30 community groups/leaders with a total reach of over one thousand individuals.

The best part is that we are just getting started. We have big plans for the future to grow our resources and help free and protect more people. None of this would be possible without the support and financial investment from people like you. To all of you that have supported GTFF the past two years, thank you. Thank you for believing in the vision and mission and inspiring us to keep going. Thank you for making it possible for GTFF to help 18 people break free from consumer sex. Thank you for subscribing to the Highway News and sharing with others. That makes a big difference. To learn more about the Gateway to Freedom Foundation go to our website at TFCGlobal.org/Gateway. To contact us call 717-426-997 or email gateway@tfcglobal.org.

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Trucking with Women in Mind

By Ellen Voie, Founder, Women in Trucking

SIX CHARACTERISTICS OF MENTAL TOUGHNESS

REVIEW:

1. LEVEL-HEADEDNESS

2. STRESS TOLERANCE

3. RESILIENCY/ EGO-STRENGTH

“A measure of one’s capacity to handle setbacks, criticism, and rejection. High scores indicate that one is less negatively impacted by failure and setbacks. Those who score low tend to internalize failure, criticism, and rejection, and often have trouble bouncing back and re-establishing self-confidence.”

Employees who are emotionally resilient adapt more easily to workplace change, manage workloads more effectively, and foster better working relationships in their teams. Lower levels of resilience, however, might need a boost to help them bounce back. One way you can encourage them to build stronger emotional resilience is by offering skills training, like communication courses, technical skills development, and soft skills classes. Learning new tools and skills shows your employees that you care and support their well-being. Resiliency is dependent on security and ego-strength, so offer employees the chance to share in meetings, present on a topic in which they feel confident, or lead a project they can master. When employees feel more secure, it improves resilience and they recognize and respond to stress better. Now your employees are emotionally proactive when faced with difficult situations.

4. ENERGY/PERSISTENCE

“A measure of one’s potential to sustain a high level of activity over extended periods. High scores relate to being active and persistent in overcoming obstacles. Those with lower scores tend to be less energetic with respect to tasks and may not always persist when necessary to achieve a goal.”

Employees who show a strong drive towards goals are fueled by high levels of persistence, and it will show in their work. They take ownership of their work and will persist to accomplish tasks regardless of outlook. But not all employees exhibit persistence when times get tough, so how do you avoid this? Set clear goals and milestones so employees can get on board, stay focused, and remain energized. Many leaders assume the team is already committed, but motivation must also come from the top. Uncommitted and disengaged workers may just be going through the motions, but managers have an opportunity to win back an employee who has become disengaged. What can you do to help them push through a difficult task? Give your team a long-term goal and map out the key marks they need to hit in order to reach it. Break down their workloads into smaller, more manageable parts to stay on track. Communicate continuously on their progress, hold them accountable for reaching their goals, and acknowledge when they reach a milestone. The more markers they meet, the more encouraged they feel to persist.

TruckStruck

By Lynn Bolster

LIFE & DEATH AT THE TRUCKSTOP

When someone asks me about truck stops, I say they are a microcosm of the world. They host all walks of life no matter race, nationality, finances, religious or political affiliation. When I worked in truck stop management, no day was ever the same since something different was always rolling in for service. Truck stops have been trying to shed their 'bad-boy image' for years by changing their names to travel plazas, catering more to travelers and tourists than to truckers. It is a shame because it's the truckers who helped make the truck stops and travel plazas to begin with. The road is full of assorted characters, some saints, some sinners, but all are on their journey. It is the world of the working man and woman, hands dirty, long hours, sleep deprived, hungry and caffeinated. I witnessed many joys and sorrows, all in a days' work.

Take the guy who worked at our wash bays where tanker trailers were cleaned inside. Workers would harness up, open the dome of the trailer and lower themselves inside the body and power wash it. One of our employees had had an argument with his lady before work and was mighty upset. A couple hours passed and we realized he was missing. When the tanker was checked, there he was inside – he had hung himself in his depressed state using his harness. Who saw that coming?

How about the guy working the tire pad - he was on work release from prison. He broke down tires and was a pro at it until one day he decided he didn't need the tire cage while inflating a truck tire. The tire exploded, threw him across the room and killed him. Truck stop people become your family; you get immersed in their lives and feel the loss when these things happen. Not only do you get close to the workers but to the drivers as well.

If we knew, for example, that Frank came through every Tuesday from Wisconsin with a load of cheese, we'd be on the lookout for him. If he didn't show, we'd ask around if anyone knew if he was on schedule. Inevitably someone had heard from him and he was just hung up somewhere but on the way. Or if a driver had a problem with his truck, others would troubleshoot with him, pooling their knowledge to figure out how to fix it to get him going again. The brotherhood was and still is real.

My office was on a hallway where all the freight brokers were stationed. Every day drivers wandered this hall, hoping for a load, checking back consistently sometimes for days at a time. Once they realized I didn't 'do' freight, conversations started. It was a noisy place, laughter, joking, arguing; all a matter of life happening. So many times guys would stop in to get my take on what was going on in their lives. Family matters, freight issues, employment problems, their health, concerns we all face daily. They always expressed their thanks to me for listening and discussing

potential solutions. I had done counseling work in two of my previous jobs so these skills kicked in. It wasn't my job but I understood that being on the road alone can make you get too far into your head and become so tangled up in your stuff that you can't see a way out. In appreciation, they might buy me a cup of coffee or drop something by they had picked up out there as a thank you. No funny business or sideways behavior, just good old grunting and grumbling between folks. When their kids graduated high school, they would share. If their marriage was on the rocks, they were either happy or sad, depending. If they were shafted on the road, well, I heard too many of those tales!

One of the things I heard most often was it was refreshing to get a female perspective. Since trucking is male dominated, often you can't get a woman's take on things who also gets the business side. Many relaxed when sharing with me; they didn't need to keep up their 'macho' front they wore on the road for self preservation. When I joined the ranks with them driving over the road, nothing changed. We still had dinners, coffee and laughs, sharing life's ups and downs. What's that quote – "the most important thing isn't the miles you've driven but what you've driven into your head with those miles."

Truck stops really are a respite from the tough road life. Sometimes all a driver needs is a smile, a bite to eat and a friend to listen, even if it's a stranger.

Photo: The author when she was sales manager at the former Truckers Inn, Jessup, MD, around 1987.



Lynn Bolster loves anything to do with trucks and has been active in the trucking industry since the 1980s. She drove over the road for 12 years with her now deceased partner of 22 years, Bill. She has her Bachelor's degree in Journalism and a Master's degree in Recreational and Leisure Studies Management with a focus on health and fitness. Her Master's thesis was: "The Recreational Pursuits and Health Habits of Long Distance Truckers." She has appeared in The Washington Post, USA Today and has written for various trucking industry publications. She was the sales manager covering three truck stops for several years. Lynn is on the Board of Directors for TFC Global.

MINISTRY SPOTLIGHT



BIKERS AGAINST TRAFFICKING

Bikers Against Trafficking (BAT) is a group of dedicated people who stretch across the globe in an effort to end human sex trafficking. What makes Bikers Against Trafficking (BAT) unique is that we don't simply talk about making a difference, we MAKE a difference. We believe we are called to be the hands and feet of Jesus; we are passionate about what we do. Since our inception we have partnered with over 530 individuals and their families who have been trafficked. Through our strategic partnerships and volunteers we are able to help extricate those stuck in this life, provide counseling, build awareness, supply resources, and provide housing for those who have survived being trafficked.



Doc and Rainey Nave are the founders of BAT. They are both survivors of being trafficked and have a deep desire to see sex trafficking be eradicated from around the world. The organization was started in 2016 and is headquartered in Lake Mary, Florida. It has grown to be international in its reach. Doc has a doctorate in therapy, is a licensed mental health counselor and certified addiction counselor, and has a degree in trauma counseling. He is also an ordained pastor, former missionary to Japan and former church planter in the Pacific Northwest.

Some of the services provided by Bikers Against Trafficking are the following:

- Trauma-informed clinical therapy
- Education and awareness training
- Housing assistance for survivors
- Daily living supplies to those in need
- Charity motorcycle rides
- Training on serving survivors well
- Organization of chapters to fight trafficking locally
- Two annual gift campaigns for children who were trafficked and are now in foster care or those who have aged out of the foster system
- Public talks on all subjects relating to human trafficking and trauma

The BAT Speakers Bureau goes to churches, mental health panels, state department meetings, schools, military bases, colleges and other events.

You can hear TFC Global president, Ron Fraser, interview Doc Nave on our radio broadcast, TruckersLife Radio on TNCRadio.LIVE. The live broadcast is on Monday evenings at 9:00 pm EST, but you can listen to the interview on any program you listen to podcasts. This episode was E40 from January 22, 2023.



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29, MARCH - 1, APRIL

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Contact main office to sponsor booth at
info@tfcglobal.org.

21-23, APRIL

Gateway To Freedom Foundation
Weekend Workshop
Contact gateway@tfcglobal.org.



1525 River Rd
Marietta PA 17547

*If you were to die today, where would you spend eternity?
You can know for sure.*

- A. Admit you are a sinner. *"For all have sinned and fall short of the glory of God" (Romans 3:23).*
- B. Believe in Jesus for the forgiveness of your sins and for eternal life. *"For God so loved the world, that He gave His only Son, that whoever believes in Him should not perish, but have eternal life" (John 3:16).*
- C. Confess Jesus as your Savior and Lord, and turn from your sins. *"If you confess with your mouth that Jesus is Lord, and believe in your heart that God raised Him from the dead, you will be saved" (Romans 10:9).*

To give your life to Christ, pray the prayer below.

"Lord Jesus, I know that I'm a sinner. I believe that You died on the cross and shed Your blood to pay the penalty for my sins. Please forgive me and come into my life. You are my Savior and Lord."

We would love to hear about your salvation. Email TFC Global at info@TFCGlobal.org or call 717-426-9977. Resources will be sent to help you grow in your faith.

**In Memory of Earl Jones Sr.
from Russ Grigsby**

**In Memory of Miguel A. Vega
from Miguel Velez**

**In Memory of Glenn G. Gautsch
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